

AHoy

YOKOSUKA

JANUARY 2025 • Vol. 81

Happy New Year from CFAY MWR!

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A collaboration between our
JMSTDF partners and CFAY MWR

KIZUNA 111
**CURRY
DAY**

January 31

11 a.m - 2 p.m. • 5 - 9 p.m.

All CFAY MWR Clubs (excluding MWR Food Court)

\$5
PER BOWL

Includes beef curry, coffee and garlic rice.
For more information, call 243-5624.



Snow Monkey Park

DINING OPERATIONS

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OFFICERS' CLUB



Jan. 6 - 11
Creamy Dijon Honey Mustard
Chicken
\$8.50



Jan. 13 - 18
Hearty Beef Stew
\$7.95



Jan. 20 - 25
Grilled Cheese w/
Tomato Bisque Soup
\$7.95



Jan. 27 - Feb. 1
Chicken Normandy topped with a
White Wine Cream Sauce
\$7.95

KOSANO DINING ROOM



Officers' Club
Cash Cage
243-5624 / 0468-16-5624
Visit us on the web.

WINTERFEST LUNCH BUFFET

\$15

Officers' Club
Kosano Dining Room
Friday, January 10 • 11 a.m. - 2 p.m.



KOSANO DINING ROOM

MLK

SPECIAL LUNCH BUFFET
THURSDAY, JANUARY 16
11 A.M. - 2 P.M.

\$19.95

Officers' Club • Kurofune Sports Lounge
Tuesday, January 21 • 6:30 a.m.

COLLEGE FOOTBALL NATIONAL Championship

game

\$15 / PERSON

Come join us for our tailgate party, doors open at 6 a.m.
The party will include a variety of breakfast foods along
with finger foods during half time.



CHIEF PETTY OFFICERS' CLUB JANUARY DAILY SPECIALS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day Closed	2 Hungarian Chicken Beef Steak w/ Herb Butter Sauce Salad & Pasta Bar Soul Food Dinner Buffet	3 Fried Fish Pork Sinigang Mexican Dinner Buffet	4
5	6 À la carte	7 Chicken Taco Chili Cheese Enchilada	8 Oriental Braised Pork Kung Pao Chicken	9 Chicken Cream Stew Roast Pork Salad & Pasta Bar Soul Food Dinner Buffet	10 MLK Special Mexican Dinner Buffet	11
12	13 À la carte	14 Beef Taco Chicken Chipotle	15 Orange Chicken Ginger Soy Fish	16 Fried Buffalo Chicken Basil & Tomato Fish Salad & Pasta Bar Soul Food Dinner Buffet	17 Fried Fish Pork Sinigang Mexican Dinner Buffet	18
19	20 MLK Day Closed	21 Chicken Taco Carne Asada	22 Fried Chicken Special	23 Fried Herb Salmon Grilled Chicken w/ Salsa Salad & Pasta Bar Soul Food Dinner Buffet	24 Fried Fish Chicken Tinola Mexican Dinner Buffet	25
26	27 À la carte	28 Beef Taco Arroz con pollo	29 Chinese New Year Special	30 Pot-au-feu Honey Ginger Chicken Salad & Pasta Bar Soul Food Dinner Buffet	31 Fried Fish Beef Nilaga Ramen Night	

LUNCH BUFFET • \$12.95



243-5506 / 0468-16-5506
Visit us on the web.

CPO CLUB PRESENTS:

SUNDAY BREAKFAST

Sundays • 9 a.m. - 2 p.m.

Come out and relax over breakfast or lunch.

Breakfast 9 a.m. - Noon / Lunch • Noon - 2 p.m.

CHINESE NEW YEAR LUNCH BUFFET



CPO CLUB

January 29

11 a.m. - 2 p.m.

\$12.95

Year of the Snake



Ramen Night

January 31 • 4 - 9 p.m.

Enjoy all you can eat ramen, featuring your choice of six different soup bases and assorted toppings (pork, shrimp, beef, chicken, egg), plus sides of gyoza, fried rice and kimchi.

ALL YOU CAN EAT!

\$15

PIZZA of the MONTH



Gorgonzola Pizza w/ Honey

Large \$16

Gorgonzola pizza with honey offers a delightful balance of bold, savory, and sweet flavors. The sweet and tangy gorgonzola cheese melts beautifully over the pizza dough, creating a rich and delicious base. Cooked in front of you in our brick oven, a pizza you don't want to miss.



**I HAVE A
DREAM BURGER**

**BAYOU BURGER
JAN 20 - 26**

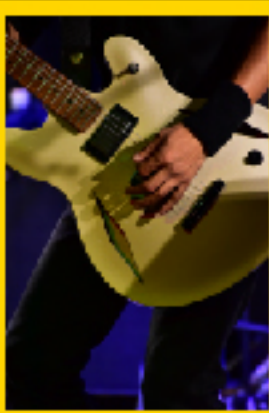
**IN HONOR OF DR. MARTIN LUTHER KING JR. CLUB ALLIANCE
WILL OFFER THIS SPECIAL BURGER TO CELEBRATE THE LIFE,
LEGACY, AND ACCOMPLISHMENTS OF THIS ICON OF THE CIVIL
RIGHTS MOVEMENT. BEEF PATTY, WITH HAM, BACON,
OVER-EASY EGG, LETTUCE. TOMATO, AND MAYONNAISE.**

COMBO COMES WITH BURGER, FRIES & DRINK.

**\$9
COMBO**



YOKO Jam SESSIONS



Do you know how to play an instrument?
Come out and show off your skills at our
Yoko Jam Session. This event is free and
open to all hands. Each session will have
a time limit to ensure all can participate.

Drums, keyboards and some amps will be available for use.

Friday
January 24

Club Alliance • 3rd Floor Ballroom
6:30 - 10 p.m.



CLUB ALLIANCE • 3RD FLOOR SPORTS BAR



SALSA NIGHT

January 31

Doors open @ 6 p.m.

Lessons @ 6:30 p.m.

Dancing @ 7 p.m.

Beginners are welcome,
Food available for purchase.





MONGOLIAN NIGHT

Club Takemiya
Tuesday • 11 a.m. - 9 p.m.

Officers' Club
Tuesday • 5 - 8 p.m.

CPO Club
Wednesday • 4 - 8 p.m.

SATISFY your HUNGER needs!

MLK

Martin Luther King Jr.

SPECIAL MEAL

CLUB TAKEMIYA

JANUARY 20 • 11 A.M. - 9 P.M.



\$19



BBQ Chicken, Cajun Fried Fish, Mac & Cheese, Hush Puppies, Collard Greens, Cornbread, Gumbo and Pecan Pie.

Club Takemiya Lounge
Friday, January 17 & 31
Starts at 7 p.m.



Trivia Night

Join us for themed trivia, and you could walk away with a \$25 MWR Voucher (team or individual, only one voucher will be awarded). Plus, we'll feature Wings Wednesday pricing for all wings and tenders from 6 - 9 p.m.

BOWLING CENTER

JANUARY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
			1 New Year's Day Open Noon - 9 p.m.	2	3	4 Cosmic Bowling 8 p.m. - Closing	
5 Mini Marathon Singles Tournament 11 a.m. \$50 / person	Closed	7 Start of Youth Bowling League 3 - 5 p.m. Start of Tuesday Night Doubles 5:30 - 7:30 p.m.	8	9 Start of Thursday Night Trios 5:30 - 7:30 p.m.	10	11 Cosmic Bowling 8 p.m. - Closing	
12 No Tap Doubles Tournament 1 p.m. \$40 / team	Closed	13 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	14	15 Captain's Cup Bowling 5 p.m.	16 Thursday Night Trios 5:30 - 7:30 p.m.	17 PSNS League 5 p.m.	18 Cosmic Bowling 8 p.m. - Closing
19 3-6-9 Tournament 1 p.m. \$30 / person	20 MLK DAY 3 games w/ soda \$5 / person (shoes not included) All Day	21 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	22 Captain's Cup Bowling 5 p.m.	23 Thursday Night Trios 5:30 - 7:30 p.m.	24 PSNS League 5 p.m.	25 Cosmic Bowling 8 p.m. - Closing	
26 Yokosuka Shootout Scratch Bowling Tournament \$60 / person	Closed	27 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	28	29 Captain's Cup Bowling 5 p.m.	30 Thursday Night Trios 5:30 - 7:30 p.m.	31 PSNS League 5 p.m.	



Midway Grill

GARLIC CHEESE

\$14.95 / Large

PIZZA



243-5158 / 0468-16-5158
Visit us on the web.

WATCH THE GAME **LIVE** AT YOUR FAVORITE MWR CLUB!

THE BIG GAME

MONDAY, FEBRUARY 10 • GAME @ 8:30 A.M.

Club Takemiya Lounge

7 a.m. – 1:30 p.m.

Breakfast Buffet

Scrambled Eggs, Bacon, Sausage Patty, Tater Tots, Biscuits & Gravy, Pancakes, French Toast, Toast with Butter and Jam, Assorted Muffins

Lunch Buffet

Pulled Pork Pita, Hot Dogs, Beef Curry, Nacho Chips w/ Salsa, Steamed Rice, Assorted Muffins.

Normal operations will resume at 4 p.m.

Buffet Price: Adults \$20 / Children (ages 6 – 11) \$10 / Children (ages 5 & under) Free

Club Alliance Sharky's Killer Wings

7 – 10 a.m.

Breakfast Buffet

Sausage, Scrambled Eggs, Bacon, French Toast w/ Maple Syrup, Hashed Potato, Biscuit w/ Sausage Gravy, Danish & Muffin, Hot Coffee and Orange Juice.

Buffet Price: \$15

Limited Sharky's menu available with 20% off from Halftime until end of the game! Chicken Wings, Waffle Fries, Jalapeno Poppers, Smokey Parmesan Potato Chips.

Bowling Center

Doors open at 7 a.m.

Bowl, eat and watch the game on our big screen TV's. Big Game Bowling Pack includes bowling during the game, and 1 pizza per lane.

\$15 / person

Officers' Club Kurofune Lounge

7:30 a.m. - Noon

Come join us for our tailgate party featuring a variety of breakfast items and finger foods, including hot dogs served during half time.

A limited food menu will also be available for purchase. Open to all Officers' and civilian equivalents.

\$15 / person • Adults Only

Pool Hours of Operations

Purdy Pool

Monday - Friday

6 a.m. - 7 p.m. Lap / Fitness Swimming
 6 a.m. - 2 p.m. Command Training -
 (Reservation required)
 3 - 7 p.m. Recreational Swimming

Saturday

8 a.m. - 4 p.m. Lap / Recreational Swimming

Closed Sundays & Holidays

Green Beach & Ikego Pools

Closed for the season.

Group Swim Lessons

Classes meet Monday and Wednesday or Tuesday and Thursday for 4 weeks. Each class is 30 minutes. Classes may be cancelled or combined due to low enrollment.

Registration will be available online beginning at 9 a.m. on registration day. In person registration can be done during normal operating hours at Purdy Fitness Center Reception counter or at the Ikego MWR office.

Be sure to get your MyFFR login and password.

American Red Cross Swim Lessons

Offered year-round for all abilities and ages.

Parent / Child	6 months - 3 years
Preschool	3 years - 5 years
Levels 1 - 6	6 years - 15 years
Adults	16 years and older

\$60 (classes are prorated for holidays)

Free for active duty

Winter Lessons

Session 5 Registration

Open Registration January 29 - February 6

Session Dates February 10 - March 6

*No lessons on February 17

Session 6 Registration

Open Registration March 7 - 13

Session Dates March 18 - April 10

Session 7 Registration

Open Registration April 11 - 16

Session Dates April 21 - May 15

NOTE: Schedules are subject to change.

Private Lessons:

Available for those desiring one-on-one instruction.
 \$20 / lesson or \$100 / 6 lessons

Semi-Private Lessons:

Available for 2 participants at the same level.
 \$30 / lesson or \$150 / 6 lessons

All lessons are 30 minutes each.

SCAN
to register
at MyFFR



Schedule is available online and is subject to change.

Book your lesson(s) and then bring your receipt to the Reception Desk at the Purdy Fitness Center to pick up your stickers.

For more information, please contact MWR Aquatics Office at 243-5620 (DSN) or 046-816-5620 (COM).



Find Out Friday

Fridays • Purdy Pool • 3:30 - 4 p.m. or 5:30 - 6 p.m.

Do you have questions about lessons and which level is appropriate? Interested in being a lifeguard and need to take the prerequisite swim test? Just drop in, we will have instructors available to answer your questions and assist in the water.



FloatFit Class
 Tuesdays and Thursdays
 9 - 10 a.m. • Purdy Pool

A fun, high-intensity circuit training drill, performed on an AquaBase floating water mattress in a swimming pool, FloatFit gives a full body workout.

The need to balance the AquaBase will teach you how to focus on your posture, and strengthen your core while concentrating on exercises such as burpees, planks, squats, mountain climbers and more! Intricate stabilizing muscles work overtime helping to prevent dislocation and adding strength to joints. These muscle fibers often go 'unworked' in other workouts.

Less impact on the joints!

For those with knee or joint difficulties, FloatFit is a low-impact workout, with a mixture of core and yoga inspired exercises to suit all abilities. Eliminating the heavy impact on hard surfaces will assist your joints in every way to reach fitness levels other workouts can fail you on.

8 spots available per class
\$3 per class

Lifeguard Training

March 21 - 23 • Purdy Pool

Friday 4 - 9 p.m. • Saturday & Sunday 8 a.m. - 6 p.m.

Registration Deadline: February 16

Prerequisite

1. Complete a swim-tread-swim sequence without stopping to rest:

- Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed).
- Tread water for 2 minutes using legs only.
- Swim 50 yards using the front crawl, breaststroke or a combination of both.

Prerequisite

2. Complete a timed event within 1 minute, 40 seconds:

- Starting in the water, swim 20 yards. (The face may be in or out of the water. Swim goggles are not allowed.)
- Surface dive (feet-first or head-first) to a depth of 7 - 10 feet to retrieve a 10-pound object.
- Return to the surface and swim 20 yards on your back to return to the starting point, holding the object at the surface with both hands and keeping your face at or near the surface.
- Exit the water without using a ladder or steps.

To register and schedule your pre-course test, contact the Aquatics office at 243-4620.

COST:

\$75 / CFAY personnel

\$100 / non-CFAY personnel

Open to ages 15 and older (MWR hiring age is 16).

Water Safety Instructor (Swim Instructor)

February 7 - 9 • Purdy Pool

Friday 4 - 9 p.m. • Saturday & Sunday 8 a.m. - 6 p.m.

Registration deadline is January 16.

Prerequisite swimming skills:

1. Swim the following strokes consistent with Level 4:

- Front crawl - 25 yards
- Back crawl - 25 yards
- Breaststroke - 25 yards
- Elementary backstroke - 25 yards
- Sidestroke - 25 yards
- Butterfly - 15 yards

2. Maintain position on back for 1 minute in deep water (floating or sculling).

3. Tread water for 1 minute.

COST:

\$75 / CFAY personnel

\$100 / non-CFAY personnel

Open to ages 16 and older.

Captain's Cup

All Captain's Cup registrations will need to be sent to MWR_Yokosuka_Adult_Sports@us.navy.mil

All Hands Captain's Cup Meeting
Thursday, January 16 • 5 p.m.
Purdy Gym Conference Room

All commands are welcome to join Adult Sports to discuss upcoming Captain's Cup & Intramural Events, submit rosters and bring ideas for new events / sports.

Captain's Cup Volleyball
Registration: ongoing until January 24
Season: February 3 - March 10
Fleet Gym Basketball Courts

Commands will compete against each other in 6v6 men's, women's and open volleyball. Games will be played on Mondays and Wednesdays.



Captain's Cup Basketball
Registration: January 1 - February 14
Season: February 25 - May 1
Fleet Gym Basketball Courts

Commands will compete against each other in 5v5 basketball in men's, women's and co-rec teams. Games will be played on Tuesdays and Thursdays.

Captain's Cup Virtual Bike Challenge
Registration: February 1 - 28
Season: March 1 - 31

Accumulate the most miles using fitness apps, or pictures of stationary bike miles throughout the month of March. Last year, we had bikers tally almost 1K miles averaging 30 plus miles a day. Who will beat them?



MLK 5K
Friday, January 17 • 11 a.m. • Purdy Pavilion

Join us for the first Captain's Cup event of 2025! Runners will run in a 5k to celebrate the life and the legacy of the late, great Dr. Martin Luther King Jr., and compete against other commands. There will be both Men's and Women's divisions broken down in the following age groups: 18 - 29 years old; 30 - 39 years old; and 40 plus. Pre-registration will be until January 17. Same day registrations will also be accepted.



President's Day Pickleball Invitational
Registration: January 1 - February 10
Tournament: February 15 • Fleet Gym

Men's, Women's & Co-Rec Teams, Doubles will be available.
\$15 per person.

Kick off your 2025 fitness journey!

30-DAY STRONG GX CLASS **CHALLENGE** **JANUARY 1 - 31**


Whether you're a beginner or a fitness enthusiast, this challenge is for everyone! For the month of January, commit to attending any of our Group Exercise (GX) classes offered Monday - Sunday, and experience a wide variety of workouts designed to push your limits, build strength, and improve your overall well-being. Stay motivated, sweat it out, and work towards completing all 31 days.

To keep you going, we've got exciting rewards:

Active Duty personnel who complete 15 or more days and Spouses / Civilians 20 or more days will receive exclusive challenge swag to celebrate your success and dedication!



For more information, please call
DSN: 241-2953
Mobile: 046-896-2953



FROSTBITE FRENZY 5K

Saturday, January 11 • 9 a.m. • Purdy Pavilion

Get ready to race through the frost! This is a winter dash through crisp air and cool vibes. Whether you're a seasoned runner or just looking for a fun way to embrace the winter spirit, this 5K is the perfect way to kick off your year with a burst of energy.

All levels welcome: walk, jog, or sprint - everyone can enjoy this frosty adventure! Pre-race warm-up: Celebrate with music and good vibes at the Start / Finish Line. All participants receive a custom Frostbite Frenzy t-shirt upon registration to rock during the event (while supplies last).

**Register at the Fleet MWR Fitness office
Registration Fee: \$10 / person**

For more information, please call MWR Fitness at
DSN: 241-2953 • Mobile: 046-896-2953

Single Sailor Liberty Program

JANUARY

CALENDAR OF EVENTS

SUN	MON	TUE	WED	THU	FRI	SAT
			NEW YEAR'S DAY 1 Meiji Jingu & Harajuku Area Tour 9 A.M. - 7 P.M. <hr/> New Year's Resolution Drawing JAN 1 - 6	2 National Sci-Fi Day Movie Marathon ALL DAY	3 Poker Night 5 P.M.	4 Woodsball Paintball NOON
5 301 Darts Tournament 5 P.M.	6 Build Your Own Hot Chocolate ALL DAY	7 Liberty Outreach: CFAY Galley 11 A.M. <hr/> Dungeons & Dragons 6:45 - 9:45 P.M.	8 Liberty Leisure Class: Cooking 101 Yakisoba 4:30 P.M.	9 Bowling Night 4 - 6 P.M.	10 Foodie Friday: National Chicken Curry Day 4:30 P.M.	11
12 Cup Noodle Day ALL DAY	13 Giant Chess Tournament 5 P.M.	14 Dungeons & Dragons 6:45 - 9:45 P.M.	15 Liberty Get Fit Day 4:30 P.M.	16 FC24 Soccer Tournament 5 P.M.	17 Glow in the Dark 8 Ball Pool Tournament 5 P.M.	18 Tokyo Dome City Winter Illumination 1 - 10 P.M.
19 Mission Impossible Movie Marathon & National Popcorn Day ALL DAY	MARTIN LUTHER KING DAY 20 Yunessun Hot Spring Tour 6:30 A.M. - 6 P.M.	21	22 Liberty Barracks Bash: Beef Stew Night UH 3387 4:30 P.M.	23 Liberty Leisure Class: Sushi 101 4:30 P.M.	24 Local Restaurant Adventure: Udon Night 5 P.M.	25 Ping Pong Tournament 5 P.M.
26 Sumo Experience & Sumo Lunch Tour 10 A.M. - 4 P.M.	27 January Birthday Celebration 4:30 P.M.	28 National Puzzle Day ALL DAY <hr/> Dungeons & Dragons 6:45 - 9:45 P.M.	29 Down to Your Last Dollar: Chinese Food Night 4:30 P.M.	30 Drop Cup Tournament 5 P.M.	31 Madden 24 PS5 Tournament 5 P.M.	

For more information, please call **243-7346** or visit www.navymwryokosuka.com
 Please register for tournaments at the Liberty Center's main desk.



Liberty programs and services are available to single and unaccompanied, active duty service members. **Events and tours are subject to change.**



Single Sailor Liberty Program

Please register for tournaments at the Liberty Center's main desk. Registration is open until the start of the event. For more information, please call 243-7346 or visit the MWR website at www.navymwryokosuka.com.

Liberty Card Benefits

Register for your Single Sailor membership card in the Liberty Center! Eligible patrons include single and unaccompanied servicemen and women on shore duty, deployed Sailors, and Sailors permanently assigned to bachelor quarters.

All Liberty events and tours are subject to change and / or cancellation at any time.



Meiji Shrine & Harajuku Area Tour Wednesday, January 1 • 9 a.m. - 7 p.m. • Tokyo

Meiji Jingu is one of Japan's most popular shrines, located in Yoyogi Park, Tokyo. In the first days of the New Year, the shrine regularly welcomes more than three million visitors for the year's first prayers (hatsumode), more than any other shrine or temple in the country. After visiting the shrine, we will take a 20-minute walk through Harajuku, a Tokyo neighborhood best known for its bright colors and trendy shops. Harajuku is full of cafes and apparel stores with creative pop-culture vibes.

Price includes transportation & guide.

Sign-up deadline is Tuesday, December 24.

\$11 / Blue Jacket

\$24 / E6 & Up

New Year's Resolutions

January 1 - 6 • All Day • Liberty Center

Have you made your New Year's Resolutions? Did you write them down? You are more likely to keep them if you write them down and tell someone. Fill out our resolutions card at the Liberty front counter and tell a staff member what your resolutions are. We'll make a copy for you and drop one in our drawing box. A winner will be drawn on Monday, January 6.

Free

National Sci-Fi Day Movie Marathon

Thursday, January 2 • All Day • Liberty Center

Grab your seat and some popcorn, because we are offering a 'round the clock excursion into the outer reaches of space and the inner reaches of the mind. The sleepers have awakened! On to the future!

Free

Poker Night

Friday, January 3 • 5 p.m. • Liberty Center

Get your poker face on cause it's time for our Poker Night! This is a play money style competition. Those who want to join us can sign up at the front counter and get a chance to win a prize.

Free

Woodsball Paintball

Saturday, January 4 • Noon

Ikego Paintball Paradise

Come and join your Liberty Center to blow off some steam and make new friends. We'll provide the transportation and paintball equipment for a fun filled day at the Ikego Paintball Paradise! The van leaves from the loading dock behind the James D. Kelly Fleet Recreation Center at 12:15 p.m. Space is limited, pre-registration is requested.

Free



301 Darts Tournament

Sunday, January 5 • 5 p.m. • Liberty Center

All the numbers and colors on a dart board may be confusing for beginners but this is definitely a game worth learning. Whether you are a newbie or a self-proclaimed professional, it's time to see if you have the competitive spirit to beat the competition and bring home the prize!

Free

Build Your Own Hot Chocolate*Monday, January 6 • All Day • Liberty Center*

Hot chocolate is the ultimate wintery treat and what better way to serve it than a decadent Build Your Own Hot Chocolate Bar! We'll include a variety of toppings like whipped cream, marshmallows, and dipping treats like cookies and wafer sticks you can dip in your hot chocolate or just nibble on while you sip. So, stop by and grab a warm hot cocoa, while supplies last.

Free**Liberty Outreach: CFAY Galley***Tuesday, January 7 • 11 a.m. • CFAY Galley*

The Liberty Center is serving up new information about our upcoming trips and events at the CFAY Galley. Be sure to take advantage of this opportunity while on your lunch break and see what cool trips you can utilize during your stay in Japan.

Free**Dungeons & Dragons Night***Tuesday, January 7, 14 & 28**6:45 - 9:45 p.m. • Liberty Center*

Stop by Liberty Center and meet other local Dungeons & Dragons players for adventures and fun! Explore fantastic worlds, clash with dark monsters, spin lore and commit heroic feats while playing the greatest RPG of all time!

Free**Liberty Leisure Class:
Cooking 101 - Yakisoba***Wednesday, January 8 • 4:30 p.m. • Liberty Center*

We will teach you all you need to know to prepare and cook your very own Yakisoba, a very popular and easy to make dish. Sign up at the front counter. Space is limited to the first nine sign ups that are present for the class.

Free**Bowling Night***Thursday, January 9 • 4 - 6 p.m. • Bowling Center*

It's that time again... It's our monthly free bowling night with pizza and soft drinks! The van leaves from the loading dock behind the James D. Kelly Fleet Recreation Center at 3:45 p.m. sharp. Space is limited, pre-registration is required. Remember, all Liberty events are alcohol free.

***Note:** We're not accepting any walk-in sign-ups at the Bowling Center. All participants need to sign up at the Liberty Center no later than 3:40 p.m.

Free**Foodie Friday: National Chicken Curry Day***Friday, January 10 • 4:30 p.m. • Liberty Center*

Fridays are usually when everyone wants to just relax and have some good food...why not do both at the Liberty Center! Request one of your favorite movies, kick back, and enjoy chicken curry to celebrate National Chicken Curry Day! Stop by the Liberty Center and enjoy while supplies last.

Free**Cup Noodle Day***Sunday, January 12 • All Day • Liberty Center*

Cup Noodles are a Japanese favorite, so much in fact that there is a museum dedicated to them! We will be providing the hot water, the chopsticks, and various types of Cup Noodles to try while you are here in Japan. Bring your appetite and see if you can pick a new favorite!

Free**Giant Chess Tournament***Monday, January 13 • 5 p.m. • Liberty Center*

Liberty will have our Giant Chess Game, along with regular size chess boards set up all day long. If you're a beginner or never played before, don't worry, just let us know and we will show you how to play. For our chess masters, we will have a chess tournament to see who the best is.

The champion receives an awesome prize!

Free**Liberty Get Fit Day***Wednesday, January 15 • 4:30 p.m. • Liberty Center*

Liberty Center and MWR Fitness are teaming up to help you stick with your new year's resolution. We will be giving you tips on healthy living, including exercise tips and food advice. Along with that, we will be giving out information on NOFFS and Mission Nutrition courses. If you think you are fit already, don't worry, we will have some fitness and weight competitions for chances to win prizes and giveaways.

Free

FC24 Soccer Tournament*Thursday, January 16 • 5 p.m. • Liberty Center*

Think you're the best FC player around? Liberty is breaking out all our copies of FC24 on the new Xbox Series X console or PS5, to find out who is our Liberty Champion. Strike and slide tackle to show off your skill, beat the competition and take home the prize!

Free**Glow in the Dark 8 Ball Pool Tournament***Friday, January 17 • 5 p.m. • Liberty Center*

Are you the greatest pool shark around? Prove your skills and dominate the other contestants. Sink the 8 ball in after beating out the rest of your opponents to secure your prize as well as bragging rights.

Free**Tokyo Dome City Winter Illumination Tour***Saturday, January 18 • 1 - 10 p.m. • Tokyo*

Liberty will be heading to Tokyo Dome City to check out their Winter themed light show. Tokyo Dome City aka the "Tokyo Big Egg" has more than 20 attractions including Thunder Dolphin, the fastest roller coaster in Tokyo, plus the world's largest center-less Ferris wheel, called The Big O and many more. You can also spend your time exploring the space museum, rock climbing wall, or try one of the 70 restaurants and shopping at LaQua Mall!

Price includes admissions, transportation and guide.**Sign-up deadline is Tuesday, January 14.****\$35 / Blue Jacket****\$50 / E6 & Up****Mission Impossible Movie Marathon & National Popcorn Day***Sunday, January 19 • All Day • Liberty Center*

Come to Liberty for our Mission Impossible Movie Marathon and celebrate National Popcorn Day! A great way to celebrate this time-honored snack with a fun popcorn movie night.

Free**Yunessun Hot Spring Tour***Monday, January 20 • 6:30 a.m. - 6 p.m. • Hakone*

Located in the famous sight-seeing area of Hakone, Yunessun is a hot spring theme park that offers a variety of unique baths, such as a coffee bath, green tea bath, red wine bath and even a ramen themed bath! It's time to treat yourself to a peaceful and relaxing day in the famous hot springs of Yunessun. If you have tattoos, you are still allowed to enter but all of your tattoos will need to be covered by a rash guard, bandages or tape.

Price includes bus transportation, admission and guide.**Sign-up deadline is Sunday, January 12.****\$20 / Blue Jacket****\$54 / E6 & Up****Liberty Barracks Bash: Beef Stew Night***Wednesday, January 22 • 4:30 p.m. • UH 3387*

Are you up for some great company, and feeling hungry? Liberty is bringing the fun to you at UH 3387's 1st floor lounge! Come hang out with us and grab some food. We will be playing music and giving away prizes. Join in on the fun and be sure to grab some flyers of our upcoming trips and events.

Free**Liberty Leisure Class: Sushi 101***Thursday, January 23 • 4:30 p.m. • Liberty Center*

Stop on by and learn to craft some of your very own sushi from trained instructors. Bonus: the sushi you make, you get to eat! Mark it down on your calendars.

Free

Local Restaurant Adventure: Udon Night*Friday, January 24 • 5 p.m. • Yokosuka*

Would you like to spend your time experiencing local foods and expanding your flavor horizons? The Liberty Center has you covered. And best of all? It's all free! We will be showing new local restaurants, so if you like them, you can go eat on your own whenever you feel like it. Sign up in advance to secure your spot in order to enjoy this delightful experience.

Free**Ping Pong Tournament***Saturday, January 25 • 5 p.m. • Liberty Center*

Live long... play pong! Sign up at the Liberty front counter and hit your opponents with your best shot.

Free**Sumo Experience & Sumo Lunch Tour***Sunday, January 26 • 10 a.m. - 4 p.m. • Tokyo*

Sumo, the national sport of Japan has a history dating back more than 1,500 years. On this rare once-in-a-lifetime tour, you will learn about sumo wrestling, see live matches, and if you have the guts, you can take on a retired sumo wrestler yourself. Afterwards, we will sit down for an authentic calorie filled sumo meal of Tonkatsu (Pork Cutlet), Chanko (Japanese Hotpot), rice, and ice cream.

Price includes admission, lunch, transportation and guide.

Sign-up deadline is Sunday, January 19.

\$60 / Blue Jacket

\$85 / E6 & Up

January Birthday Celebration*Monday, January 27 • 4:30 p.m. • Liberty Center*

Here at the Liberty Center, we love celebrating you! If you were born in the month of January, enter our Birthday Drawing to win an exciting gift. After we draw the winning name, we will cut the monthly birthday cake for all to enjoy.

Free**National Puzzle Day***Tuesday, January 28 • All Day • Liberty Center*

It's National Puzzle Day, so stop by Liberty to put together some of our great puzzles. Put a puzzle together with a friend or try one of our challenging puzzles on your own. Sign up at the Liberty Center front counter.

Free**Down to Your Last Dollar: Chinese Night***Wednesday, January 29 • 4:30 p.m. • Liberty Center*

Are you starting to check your pockets for spare money to eat? Whether you are or not, Liberty has you covered. We'll be serving up great free food, paired with some awesome movies by request. Feel free to swing by with an empty stomach and we'll be sure to fill it. While supplies last.

Free**Drop Cup Tournament***Thursday, January 30 • 5 p.m. • Liberty Center*

The world's first tabletop pong game where you roll the ball instead of throwing! Drop Cup's attachment turns tables or countertops into a skee ball court! This is your chance to try it. Show us what you got, and you might win an awesome prize!

Free**Madden 24 PS5 Tournament***Friday, January 31 • 5 p.m. • Liberty Center*

Liberty wants to see who our Madden champion is. Winner will receive a prize and their photo on our Wall of Champions.

Free



Child Development Centers

The Yokosuka and Ikego Child Development Centers offer child care and developmental activities for children from six weeks to pre-kindergarten.



School Age Care (SAC)

School Age Care (SAC) programs are for children in kindergarten through 12 years old. We work with dynamic organizations such as the Boys & Girls Clubs of America and 4-H to offer the best programming. Our programs provide educational and recreational activities that focus on building self-esteem, developing appropriate relationships, facilitating academic success, and making healthy choices.

Types of Care Provided

- Before School Care
- After School Care
- Holiday / Summer Camps
- Hourly Care

To join the waitlist or view current care options, please log into www.militarychildcare.com or scan the QR code.



Child & Youth Education Services (CYES)

Child & Youth Education Services (CYES) is the education services arm of CYP. The Child & Youth Education Services Officer provides support to all military connected families in transition with their K-12 education, public, private, parochial, DoDEA, and home school. The SLO helps students and families connect to their command, school, community, and future.

Email the SLO at SLOYokosuka@us.navy.mil or scan the QR code.



Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC)

Child & Youth Behavioral-Military Family Life Counseling (CYB-MFLC) Programs support and augment Child & Youth Programs and DoDEA schools. Counselors provide non-medical support to eligible faculty, staff, parents and children. They may observe, participate and engage in activities with children and youth; coaching, guidance and support to staff and parents, and model behavior management techniques and more! Contact the SLO for more information about the CYB-MFLC Program.





Become a Family Child Care (FCC) Provider

Family Child Care (FCC) providers assist parents by providing child care services supporting operational readiness, mission accomplishment and retention.

Independent Work Environment

- You work for yourself, in your own home.

Benefits

- Toy & equipment lending library.
- Low cost liability insurance.
- On-site assistance and advice.
- Free monthly training, promotion, ads, and referrals.
- Direct subsidy program.

Basic Qualifications

- At least 18 years of age.
- Responsible, emotionally stable, and capable of exercising good judgment in caring for children.
- Have a high school diploma, GED, or higher level degree.
- Speak, read, and write English fluently to communicate with parents.

Types of Family Child Care Homes

- Multi-age homes
- Infant / Pre-Toddler Homes
- Before & After School Homes
- Extended Hours Homes
- Special Needs Homes

Take the Next Step

Complete an interest form at: <https://test.public.militarychildcare.csd.disa.mil/mcc-central/mcchome/work-with-military-children>



Email us at MWR_Yokosuka_FCC@us.navy.mil or scan the QR code on the right to reach us for more information.



Family Child Care (FCC) Information for Parents

Family Child Care (FCC) offers quality care in a loving, learning home environment for children ages six weeks to twelve years. All homes are certified by DoD.

FCC providers are encouraged to obtain accreditation by the National Association for Family Child Care (NAFCC). As an additional quality assurance measure, FCC providers receive a minimum of one unannounced monitoring visit each month to assess providers' relationships with children and families, appropriateness of the learning environment, planned activities, safety and health of the home, and other items. The goal of these visits is to provide programmatic support and ensure adherence to Navy standards and policies.

Parent Fees

All FCC subsidized rates must be verified during initial registration using Total Family Income (TFI), and updated annually. TFI will be verified by documentation to include spouse's most recent LES(s), W-2 forms, or detailed pay information. Students are required to provide proof of full-time school enrollment.

- Eligible patrons include: Active Service Members / DoD Civilians.
- Parent fee is assessed through established income categories.
- Multi-child discount will be applied to additional child enrolled.
- Hourly fees will be discussed with your FCC provider.

Contact us for more information about Family Child Care (FCC) at:

Green St. SAC Bldg. H12
CFA Yokosuka
DSN: 241-2978
CML: 046-896-2978
Cell: 070-1201-7944
E-mail: MWR_Yokosuka_FCC@us.navy.mil





Do you need childcare for your appointment?

Spaces are available at all CDC, FCC & SAC programs after school only or on no-school days.

Steps to register for Hourly Care:

1. Complete a Navy CYP Registration packet:
MWR_Yokosuka_CYPadmin@us.navy.mil
2. Email or drop-off forms at any CDC (243-3219, 243-3033, or 246-8060) or CYP Admin Office (243-4079).
3. An orientation is required before drop off.
Registration link for finding hourly care availability is <https://myffr.navyaims.com/yokosukacyp.html>
4. Login information to sign-up for hourly care will be given once orientation is completed.

For more information, please call 243-4079 or Email: MWR_Yokosuka_FCC@us.navy.mil or MWR_Yokosuka_CYPadmin@us.navy.mil



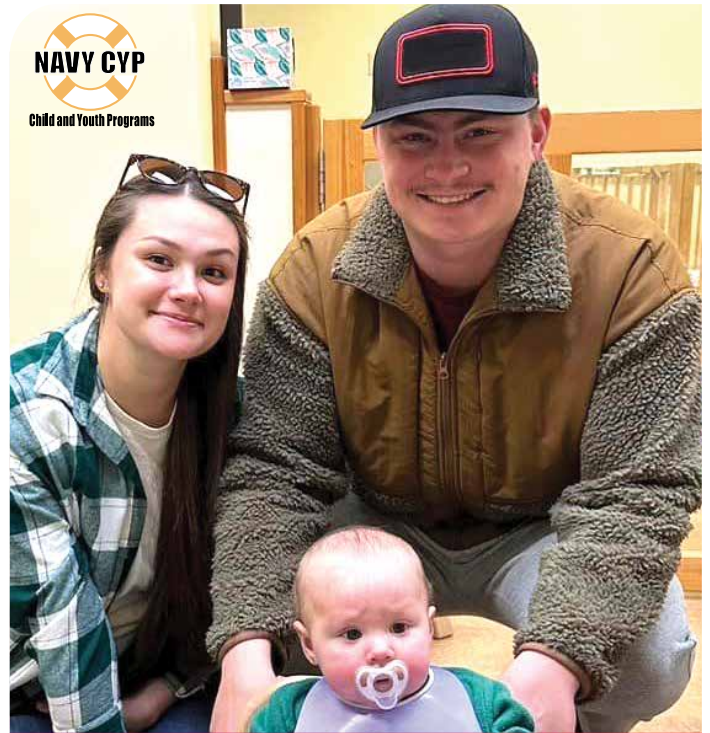
Open to all parents with a child in any Child & Youth Program. This is a working lunch and a brown bag lunch will be provided. MS Teams link will be available for families that would like to participate, but cannot attend in person.

The Parent Involvement Board (PIB) strengthens family involvement in a format that brings CYP professionals, leaders and parents together for active listening and expression of ideas and options in a positive, forward looking context.

It is a critical component in quality child and youth programming. Family members are encouraged to actively participate in PIB meetings and other activities.

Parent Involvement Board (PIB) Meeting

Tuesday, February 11 • Noon - 1 p.m.
MWR Bldg. 1559, Room 224



Family Care Plan Campaign

The Child Development Centers, Child Development Homes, and the School Age Centers will be reaching out to military families to ensure the Family Care Plans are completed. Child & Youth Programs will work with families and their command to ensure all active duty single and dual military families with dependents enrolled in CDC or SAC programs have the correct paperwork completed and turned in for this requirement.

What is the Family Care Plan?

Family Care Plans are mission planning tools to establish and document written plans to care for minor children while the sailor is absent (DoD Instruction 1342.19).

Who does it affect?

The Family Care Plan (FCP) is required for all single and dual active duty military sailors with children enrolled in CDC or SAC programs.

When does the FCP need to be completed?

Single and dual sailors with dependents enrolled in CDC or SAC programs are asked to complete the FCP as soon as possible. New enrollments have up to 60 days from the original start date to provide FCP.

Why is it important?

To be mission ready and best prepared to take care of your child in case of an emergency.

What can you do?

Contact CYP as soon as possible to verify your FCP status.

For more information, scan the QR code on the right.



'25 YSF CALENDAR



Activity / Sport	Registration Due By	Sign-up Period	Session Dates	Ages	First Game	Cost
Spring Sports						
Baseball	Jan 17	Jan 27 - Feb 21	Mar 31 - May 24	5 - 18	Apr 12	\$60
Girls Softball	Jan 17	Jan 27 - Feb 21	Mar 31 - May 24	9 - 18	Apr 12	\$60
Start Smart T-Ball	Jan 17	Jan 27 - Feb 21	Apr 14 - May 23	3 - 5	N/A	\$25
Junior Run Club	Mar 14	Mar 24 - Apr 11	Apr 21 - May 31	6 - 18	N/A	\$25
Fall Sports						
Soccer	May 23	Jun 2 - Jul 4	Aug 11 - Oct 4	5 - 18	Aug 23	\$60
Start Smart Soccer	May 23	Jun 2 - Jul 4	Aug 25 - Oct 3	3 - 5	N/A	\$25
Flag Football	Jul 18	Jul 28 - Aug 22	Oct 14 - Dec 6	5 - 18	Oct 25	\$60
Start Smart Flag Football	Jul 18	Jul 28 - Aug 22	Nov 3 - Dec 12	3 - 5	N/A	\$25
Outdoor Cheerleading	Jul 18	Jul 28 - Aug 22	Oct 14 - Dec 6	5 - 13	Oct 25	\$50
Girls Volleyball	Jul 18	Jul 28 - Aug 22	Oct 14 - Dec 6	9 - 18	Oct 25	\$60
Boys Volleyball	Jul 18	Jul 28 - Aug 22	Oct 14 - Dec 6	9 - 18	Oct 25	\$60
Junior Run Club	Aug 29	Sep 8 - Sep 26	Oct 14 - Nov 29	6 - 18	N/A	\$25
Winter Sports						
Dodgeball	Oct 24	Nov 3 - Nov 21	Dec 8 - Jan 24	7 - 18	Jan 3 2026	\$60
Basketball	Oct 17	Oct 27 - Nov 21	Jan 26 - Mar 21	5 - 18	Feb 7 2026	\$60
Start Smart Basketball	Oct 17	Oct 27 - Nov 21	Feb 9 - Mar 20	3 - 5	N/A	\$25
Indoor Cheerleading	Oct 17	Oct 27 - Nov 21	Jan 26 - Mar 20	5 - 13	Feb 7 2026	\$50
Sports Camp						
Spring BFA Soccer Camp	Jan 31	Feb 10 - Mar 7	Mar 24 - Mar 28	5 - 15	N/A	\$60

Practice Days and Times*

League Sports/Cheerleading: Practices will be Mondays & Wednesdays or Tuesdays & Thursdays for an hour between 4 - 7 p.m. **Start Smart:** Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4 - 5 p.m. **Run Clubs:** Practices will be Mondays & Wednesdays for Yokosuka and Tuesdays & Thursdays for Ikego for an hour between 4:30 - 5:30 p.m. * Calendar information, programs, dates, aging date, and cost are subject to change.

Steps to Register for Youth Sports Activities and Programs:

- (1) Complete a Navy Child & Youth Program Registration Packet: www.navymwr.yokosuka.com
- (2) Complete a PAYS orientation training - Link to PAYS training: <https://www.nays.org/paysonline/>

- (3) Email forms and PAYS Certification to: CFAYOUTHSPORTS@us.navy.mil
- (4) Login information to sign-up for our sports activities will be given through email once forms are reviewed and verified.

- (5) Registration Link: <https://myffr.navyaims.com/yokosukacyp.html>
Forms can be picked up and/or dropped off at our Youth Sports Office from 10 a.m. - 5:30 p.m.

Volunteer Coaches

Our Youth Sports Program is always looking for volunteer coaches. They are the foundation of our Youth Sports department and are trained and educated to provide participants with a fun-filled, safe and rewarding experience. If you are interested in coaching, please email us at CFAYOUTHSPORTS@us.navy.mil. Find us on Facebook @ www.facebook.com/yokosukacyp



Child and Youth Programs



Youth Sports



CYP Registration



My FFR



PAYS Orientation





SUN
MON
TUES
WED
THU
FRI
SAT

<p><i>Yokosuka & Ikego Libraries</i></p> <h1>January</h1>		<p>1</p> <p>Closed for New Year's Day</p>	<p>2</p> <p>Planner Prep* 2 - 4 p.m.</p>	<p>3</p> <p>Baby & Toddler Story Time Fridays • 10 a.m. Yokosuka Library Children's Activity Room</p>	<p>4</p>	
<p>5</p>	<p>6</p> <p>Full STEAM Ahead* 10 a.m. - Noon Ikego Nikko Heights Community Room</p>	<p>7</p>	<p>8</p> <p>Full STEAM Ahead* 10 a.m. Yokosuka Library</p>	<p>9</p>	<p>10</p> <p>Baby & Toddler Story Time Fridays • 10 a.m. Yokosuka Library Children's Activity Room</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>Full STEAM Ahead* 10 a.m. - Noon Ikego Nikko Heights Community Room</p> <p>Lego Mania 3 p.m. • Ikego Community Room</p>	<p>14</p> <p>Lego Mania 3 p.m. Yokosuka Library</p>	<p>15</p> <p>Full STEAM Ahead* 10 a.m. Yokosuka Library</p>	<p>16</p>	<p>17</p> <p>Baby & Toddler Story Time Fridays • 10 a.m. Yokosuka Library Children's Activity Room</p>	<p>18</p>
<p>19</p>	<p>20</p> <p>Closed for Dr. Martin Luther King Jr. Birthday</p>	<p>21</p>	<p>22</p> <p>Full STEAM Ahead* 10 a.m. Yokosuka Library</p>	<p>23</p>	<p>24</p> <p>Baby & Toddler Story Time Fridays • 10 a.m. Yokosuka Library Children's Activity Room</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>Full STEAM Ahead* 10 a.m. - Noon Ikego Nikko Heights Community Room</p>	<p>28</p>	<p>29</p> <p>Full STEAM Ahead* 10 a.m. Yokosuka Library</p>	<p>30</p>	<p>31</p> <p>Baby & Toddler Story Time Fridays • 10 a.m. Yokosuka Library Children's Activity Room</p>	<p>31</p>

*No Full STEAM or LEGO Mania on federal holidays. *Bring your 2025 Planner and use the Library's stamps and washi tape to prep for the coming year. Sign-ups start December 26. Limited to 25 participants.



Visit us on the web.

Mon, Wed, Fri & Sat • 10 a.m. - 6 p.m.
Tues & Thurs • 10 a.m. - 6:30 p.m.
Sunday & Federal Holidays • Closed
 046-816-5574 • DSN: 243-5574

Wood Hobby Shop

Curious About Woodworking?

Have you ever had a wood project you wanted to make but didn't know how to go about doing it? Do you have any furniture that was damaged during your move to Yokosuka? Thinking of making a gift for the holidays or a special event? The Wood Hobby Shop can help! All you need is an idea for a design and the size of what you want, and we can help you from there!

- Available for patrons ages 17 and up; minors aged 14 - 16 years must be accompanied by a parent or legal guardian at all times.
- Sign-up and registration is required, by the Thursday before each class.
- The completion of a safety test is required before class attendance. The Wood Hobby Shop Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.



Basic Wood Working Saturday, January 4 • 1 - 4 p.m.

This class is for those who always wanted to learn woodworking but never had someone to show them, or the chance to try. Students will learn basic woodworking techniques using the table saw, jointer, planer, bandsaw, miter saw, drill press, router and various hand tools. Each student will leave this class feeling confident to start woodworking at home. Class might go longer depending on participation and student interaction. Safety test completion is required before class attendance. **\$15 / person. Please register by January 2.**

Wood Preparation using the Planer, Jointer & Table Saw Saturday, January 18 • 1 - 4 p.m.

Got rough boards? Want to learn the simple steps needed to machine that board square, flat and the correct thickness to build something? Then this is the perfect hands-on class for you! You will be taught the basics of wood technology and stock preparation. This fun, quick class will cover the use of the table saw, jointer and thickness planer. Safety test completion is required before class attendance. **\$15 / person. Please register by January 16.**

Auto Skills Center



Whether you're a hobby enthusiast, a car care novice or an auto expert, the Yokosuka Automotive Skills Center (YASC) affords you ample opportunities to spend time doing something you love. Whether you're with a group or by yourself, you can save big bucks on vehicle repairs and maintenance. YASC provides a variety of tools for performing common car maintenance and repair work, and knowledgeable, friendly staff members are available for guidance and teaching.

- Students ages 16 and below must be accompanied by a parent or guardian.
- Participants of Auto Skills Center classes are required to use their own POV during class.
- The Auto Skills Center does not sell vehicle maintenance supplies or repair parts. All vehicle maintenance supplies and repair parts must be procured by the participant for each class. The class participant will be provided a list of the recommended vehicle maintenance, supplies and repair parts, at the time of sign-up.
- Sign-up and registration is required, by the Thursday before each class.
- The completion of a Safety Test is required before class attendance. The Auto Skills Center Safety Orientation

Class is offered on Thursdays and Saturdays at 11 a.m.

Automatic Transmission Fluid & Power Steering (Basic) Saturday, January 11 • 1 - 4 p.m.

This class will cover how to check and change automatic transmission fluid, as well as how to check and replace power steering fluid as needed. Safety test completion is required before class attendance. **\$15 / person. Please register by January 9.**

Radiator / Coolant Inspection (Intermediate) Saturday, January 25 • 1 - 4 p.m.

Is your car overheating? Does it take a long time to reach operating temperature? This course will cover the inspection and replacement of the radiator and supporting coolant components. Safety test completion is required before class attendance. **\$15 / person. Please register by January 23.**

Yokosuka & Ikego Community Centers

Our Community Centers offer classes for both children and adults, including Japanese Arts & Crafts, Pre-Ballet, Beginner Ballet, Jazz, Guitar, Drums, Piano, Japanese Language, and Kimono Dressing.

Yokosuka: Please call 241-4111 / 046-896-4111 or stop by the Yokosuka Community Center located in Bldg. 3365, 3rd Floor.

Ikego: Please call 246-8071 / 046-806-8071 or stop by our office in Bldg. 611, near Takenoshiro Street.

Jazz Dance

Ikego Asuka Heights Multi-Purpose Room

Join the fun and joy of Jazz Dance! Class ages range from ages 5 - 6, 7 - 9 and ages 10 & up. Registration is required. Class fees vary by class.

Mandala String Art

Wednesdays • 10 a.m. - Noon • Ikego Community Center

Learn the wonderful art of mandala creation while you relax creating interconnected patterns with powerful symbols and meanings. Registration is required. \$35 / class (includes materials)

Karate

*Tuesdays & Thursdays • 3 - 7 p.m.
Ikego Asuka Heights Multi-Purpose Room*

Kiritsu! Kiotsuke! Rei! Learn the ancient art of karate during your time in Japan!

Group I • Ages 5 - 7

Group II • Ages 8 - 11

Group III • Ages 12+

Registration is required, \$6.

Taiko Drum Class

*Monday & Wednesday • 11 a.m. - 6 p.m.
Wood Hobby Shop 2nd Floor*

Group (2 - 5 students) and private lessons available for ages 6 and up. Pre-registration is required.

Class Fees

\$30 / Student / 45 min Private Session

\$120 / Student / 4 - 45 min Private Sessions / Month

\$30 / Student / 60 min Group Session

\$120 / Student / 4 - 60 min Group Sessions / Month

Shamisen Class

Friday • 11 a.m. - 6 p.m. • Wood Hobby Shop 2nd Floor

Group (2 - 5 students) and private lessons available for ages 6 and up. Pre-registration is required.

Class Fees

\$30 / Student / 45 min Private Session

\$120 / Student / 4 - 45 min Private Sessions / Month

\$30 / Student / 60 min Group Session

\$120 / Student / 4 - 60 min Group Sessions / Month



Driver's Education Class

*February 10 - 25 • 3 - 5 p.m. • CRC 1st Floor
Japanese Culture Room 110*

Students must have reached the age of 16 prior to the first day of class, and must have permission from a parent or legal guardian. All other students (Active Duty, civilians and spouses) must be SOFA sponsored. This class is for new drivers who have never been licensed to drive. A 16 consecutive day course that includes full Classroom Instruction, in-car driving instruction and road test.

Course completion requirements: A minimum of 20 hours of in-classroom instruction; a minimum of 5 hours of driving instruction with the course instructor; a minimum of 10 hours of driving practice with a properly licensed adult; and a passing grade on the instructor's approved written test, prior to receiving the course completion certificate. **\$325**

Note: As each state has different requirements, there is no guarantee that a stateside drivers' license can be obtained by presenting the certificate of completion to a state Department of Motor Vehicles. Parents and students are encouraged to research the requirements for their particular state.



Pottery Studio

Monday - Sunday • 9 a.m. - 7 p.m.
Yokosuka Bldg B-48 • Pottery Studio

The studio is available for patrons ages 17 and up; minors ages 14-16 must be accompanied by a parent or legal guardian at all times. We offer beginner, intermediate, and advanced classes and teach techniques for wheel throwing, hand building, glazing, and firing. Students are also exposed to a variety of tools and materials. Our instructors are professional potters who have their own artistic careers.

For more information or to register, please call 241-4111 or 046-896-4111, visit the MWR website at www.navymwryokosuka.com, or stop by the Pottery Studio located in Bldg. B-48, 1st Floor adjacent to the Wood Hobby Shop and Outdoor Recreation Center. Class registration is required.

Class Fees:

- \$120 + \$30 Material Fee (Clay 10kg) per month
- Two-hour Instructional Sessions
- One class per week; four classes per month
- Firing and open studio time included
- \$280 + \$30 Material Fee (Clay 10kg) per month
- Two-hour Instructional Sessions
- Two classes per week; eight classes per month
- Firing and open studio included

Special Painting Class

- \$20 per session; materials included
- 90-minutes Instructional Sessions

Special Event

- \$50 per class / per student; materials included
- One-hour Instructional Sessions
- Clay Cost: 10kg - \$30 / 20kg - \$60

Outdoor Recreation Center (ORC)

For more information, please call 243-5732 or visit the MWR website at www.navymwryokosuka.com

Please register for trips in person at Outdoor Recreation located in Bldg. 48 next to the James D. Kelly Fleet Recreation Center. Blue Jacket prices are available to single and unaccompanied, active duty E5 & below service members attached to CFAY / tenant commands only.

One-Day Ski / Snowboard Trip Myoko Akakura Ski / Snowboard Trip (Blue Jacket)

Saturday, January 4 • 2:30 a.m. - 10 p.m.

Myoko Akakura consists of Akakura Onsen Ski Resort and Akakura Kanko Ski Resort and an all-mountain lift pass covers both areas. There are 34 courses supported by 28 chair lifts. The average snow in this area reaches 13 meters / 42 feet annually, so there is a plenty of fluffy stuff in which to play. **Open to all ages.** \$75 / person (transportation only), \$55 / Blue Jacket, ¥7,500 lift ticket not included.

Outdoor Adventure Programs Beginner / Intermediate Hike at Yaguradake, Ashigara (Blue Jacket)

Saturday, January 4 • 6 a.m. - 5 p.m.

Yaguradake is known for its characteristic “onigiri” (rice ball) shape, and its 360-degree panoramic view from the summit. Located between the Hakone and Tanzawa Mountains, you may be lucky enough to get a great view of Mt. Fuji in the west and Sagami Bay in the south-east. It’s about a 4-hour hike with 2,000ft of elevation gain and a distance of 4 miles. **Minimum age is 10 years old.** \$50 / person, \$40 / Blue Jacket



Naeba Ski / Snowboard Trip (Blue Jacket)

Wednesday, January 8 • 3:30 a.m. - 9 p.m.

Naeba is one of the most popular ski resorts in Japan, with great snow and a huge variety of courses supported by an efficient lift system. Its runs are appropriate for skiers and snowboarders of all levels. The N-Plateau Ski Center provides convenient facilities including dressing room, locker room, sleeping room, food court, shopping mall and even a hot spring. **Open to all ages.** \$70 / person (transportation only) \$50 / Blue Jacket, ¥6,800 lift ticket not included.

Oze Iwakura Ski / Snowboard Trip (Blue Jacket)

Saturday, January 11 • 3 a.m. - 9 p.m.

Oze Iwakura is the largest ski resort in Katashina Ski Area in Gunma prefecture. With the consistent dry wind known as karakkaze, the snow stays nice and dry in January and there is a high chance to have premium powder snow conditions. Originally a skiers only resort, Oze Iwakura still has some challenging moguls and long cruising courses. **Open to all ages.** \$70 / person (transportation only), \$50 / Blue Jacket ¥7,500 lift ticket not included.

Beginner Hike at Ogusuyama, Yokosuka (Blue Jacket)

Saturday, January 11 • 8 a.m. - 1 p.m.

Hike a mountain from the coast! The hike will begin at Akiya Beach then go to Ogusuyama (790-ft high), the highest point on the Miura Peninsula, and return to the starting point. If it’s clear, you will see a magnificent view of Mt. Fuji over the water of Sagami Bay. **Minimum age is 7 years old.** \$20 / person \$15 / Blue Jacket



Intermediate Hike at Futagoyama, Zushi (Blue Jacket)

Sunday, January 18 • 9 a.m. - 3 p.m.

Enjoy a getaway close to home! This five-hour nature hike winds through the streams of Moritogawa headwaters at Futagoyama, located on the border of Zushi and Hayama. Mid-calf waterproof boots are recommended for this wild hike, and it is not recommended for beginners. **Minimum age is 10 years old.** \$25 / person. \$20 / Blue Jacket

Outdoor Recreation Center (ORC)

For more information, please call 243-5732 or visit the MWR website at www.navywmwryokosuka.com



Intermediate Hike at Tsukubasan, Ibaraki (Blue Jacket)

Monday, January 20 • 5 a.m. - 6 p.m.

A 2,877-ft mountain located in the northeast corner of the Kanto Plain, Mt. Tsukuba is one of the most legendary mountains in Japan. It hosts an abundant variety of plants and unique rock formations around the summit. On a clear day, you can see the skyline of Tokyo. **Minimum age is 10 years old.** \$70 / person, \$55 / Blue Jacket

Nozawa Onsen Ski / Snowboard Trip (Blue Jacket) Wednesday, January 22

• 2:30 a.m. - 10 p.m.

Nozawa Onsen is a Japanese traditional hot spring resort from the Edo Period that strives to maintain its historic atmosphere. The resort is gigantic with 20 courses supported by 22 lifts and 2 gondolas. It boasts Japan's longest ski course of 10,000m (6.2 miles). There are 13 public hot spring baths, free of charge in the village. **Open to all ages.** \$75 / person (transportation only), \$55 / Blue Jacket ¥7,300 lift ticket not included

Hodaigi Ski / Snowboard Trip (Blue Jacket)

Saturday, January 25 • 3:30 a.m. - 9 p.m.

Hodaigi boasts the most abundant snow in the Minakami area. This ski resort also features several vertical runs that will suit skiers and snowboarders of advanced levels. The beginner courses at the bottom of the resort are some of the best bunny slopes in Japan for beginners to learn to ski or snowboard. **Open to all ages.** \$70 / person (transportation only) \$50 / Blue Jacket, ¥6,600 lift ticket not included

Intermediate Hike at Iyogatake & Tomisan, Chiba (Blue Jacket)

Saturday, January 25 • 5 a.m. - 5 p.m.

Hike two mountains on the Boso Peninsula, on the opposite side of Tokyo Bay from Yokosuka. Start by hiking Iyogatake that offers a great view from its twin needle peaks. After lunch, hike Tomisan, where on a clear day you can view the Miura Peninsula, where Yokosuka is. Total hiking time is approximately five hours. **Minimum age is 10 years old.** \$60 / person, \$45 / Blue Jacket



2-Day Nekoma Mountain Ski / Snowboard Overnight

Sunday - Monday, February 16 - 17 • 2:30 a.m. - 10 p.m.

Nekoma Mountain provides one of the largest ski slopes in Japan with 33 courses supported by 13 lifts. The ski resorts were formerly two different ski resorts of Altsu Bandai facing south and Nekoma Ski Resort facing north. South Area (our hotel side) has a variety of slopes for beginner and Intermediate riders while the back-bowl has tons of powder for advanced riders to play. The snow in North Area is well known as "micro fine snow" since the snow is kept nice and dry with potential steep / deep slopes. The trip fee includes transportation, lodging at Bandaisan Onsen Hotel, dinner, breakfast and 2-day lift ticket for all mountains.

Registration cut-off date is January 24. Open to all ages. \$370 / adult (13 years and above), \$290 / child (12 years and below), \$405 / single room use occupancy for a twin room

2-Day Hakuba Happone Ski / Snowboard Overnight

Saturday - Sunday, March 15 - 16 • 2:30 a.m. - 10 p.m.

Happone was the main venue during the Winter Olympics in 1998 with a large variety of courses and world-class facilities to choose from. The view of the Northern Alps from the top is amazing and a must see for all. Trip fee includes transportation, lodging at Hakuba Rosen Heim, dinner and breakfast. **Registration cut-off date is February 21. Open to all ages.** \$235 / adult (13 years and above), \$205 / child (12 years and below).

Outdoor Rental Center



Bicycle Maintenance & Repair Bldg. 48

Free estimates! Have our certified bicycle technician take care of your major or minor bicycle repairs and maintenance. For more information on bicycle repairs or equipment rentals, please call 243-5732 or visit the MWR website at www.navymwryokosuka.com.

Special Events & Equipment Rentals Bldg. 1559 (by Taco Bell Drive-thru)

Special Events

Are you planning a picnic, a change-of-command or retirement ceremony, or a birthday party? Do you need air toys, tents or tables? MWR's Special Events Department is here to help with reservations, delivery, set up, and break down!

Equipment Rentals

Please call the Outdoor Rental Center for pricing for the following:

- Multi-speed bicycles, locks, and helmets
- Hiking equipment (boots, backpacks, rain gear, and hiking poles)
- Party equipment (4-foot charcoal grills, 8-foot tables, folding chairs, indoor air toys, and a pig roaster)
- Snow boots (men's, women's & children's sizes available)

Ikego West Valley Recreation Area

For more information on camping or paintball, please stop by the Outdoor Recreation Center or please call 243-5732 or visit our website at navymwryokosuka.com.

Ikego Paintball Paradise (By reservation only)

Ikego's Paintball Paradise is the place to be! On Fridays and Saturdays, get a group of friends and colleagues together to play. Pick your teams and choose how you want to play! A marker and mask can be rented for either a half-day session or a full day session. For players with their own gear, only pay for field fees which includes unlimited air (paint sold separately). Reservations can be made by visiting the Outdoor Recreation Center or by calling 243-5732.

Morning Session	9 a.m. - Noon
Afternoon Session	1 - 4 p.m.
All Day Session	9 a.m. - 4 p.m.
Minimum (6 people) , Maximum (20 players)	

Paintball Prices

Case (2,000 paintballs)	\$65
Bag (500 paintballs)	\$20

Full Day (price per person)

\$20 (\$10 Field fee with unlimited air, \$10 mask & marker)

Half Day (price per person)

\$15 (\$5 Field fee with unlimited air, \$10 mask & marker)



Cabin & Campsite Rentals

The Ikego West Valley Recreation Area is the place to spend a fun-filled weekend with family and friends! Campsite and cabin reservations can be made at the Outdoor Recreation Center Thursdays - Tuesdays from 10 a.m. - 6 p.m. Each site holds a maximum of twenty people. There are five rustic cabins available for rent. Three of these cabins offer solar powered heat and air conditioning. None of the cabins have running water. All cabins and campsites have a designated BBQ grill. Cabin rentals start at **\$40** per day. Payment is required in person to make a reservation.




January & February Tours

Register now.

Saturday, January 4

- Snow Monkey Park & Zenkoji Temple

Sunday, January 5

- Yunessun Hot Spa
- Mishima Skywalk & Gotemba Outlets with Strawberry picking

Saturday, January 11

- Shizuoka Sightseeing with Strawberry Picking

Sunday, January 12

- New Sanno Brunch & Sumo Tournament (Ages 6 & up)
- Ashikaga Flower Park Illumination & Strawberry Picking

Wednesday, January 15

- Daruma Burning Ceremony & Tomioka Silk Mill

Friday, January 17

- Enoshima Aquarium & Island Illumination

Saturday, January 18

- Gotemba Winter Illumination with Buffet

Sunday, January 19 - 20

- Nagano Snow Monkey Overnight

Saturday, January 25

- Snow Monkey Park & Matsumoto Castle

Sunday, January 26

- Sumo Experience with meal
- Mt. Fuji Ancient Japanese Village & Shiraito Falls

Registration begins on Saturday, January 4.

Saturday, February 1

- Shizuoka Sightseeing with Strawberry Picking

Sunday, February 2

- Castle Hustle

Tuesday, February 4 - 6

- Sapporo Snow Festival Overnight

Saturday, February 8

- Yokohama Valentine Cruise

Sunday, February 9

- 49th Grand Sumo Tournament

Sunday, February 9 - 10

- Nagano Snow Monkey Overnight

Saturday, February 15

- Kawazu Sakura Festival & Strawberry Picking

Sunday, February 16

- Sanrio Puroland

Monday, February 17

- Tokyo DisneySea

Saturday, February 22

- Snow Monkey Park & Zenkoji Temple (Ages 12 and up)

Sunday, February 23

- Kawazu Sakura Festival & Strawberry Festival
- Odawara Castle & Glass Forest Museum with Buffet



Scan MyFFR to register.
All tours are subject to change.

ATHLETICS

Adult Sports Office	241-2955
Monday - Friday	8 a.m. - 5 p.m.
Aquatics Office	243-5620
Athletics Facilities	241-2945
Deployed Forces Support	243-7284
Monday - Friday	8 a.m. - 5 p.m.
Fitness	241-4486
Monday - Friday	8 a.m. - 5 p.m.
Fleet Gym	243-5304
Basketball Court	24/7
Fleet Gym Cardio Room	24/7
5F Exercise Machines	24/7
Fleet Gym, Gear Issue, 4F Weight Room	
Monday - Sunday	24/7
Holidays	24/7
Green Beach Pool*	243-6410
Ikego Pool*	246-7988
Liberty Center	243-7346
Monday - Thursday	10 a.m. - 10 p.m.
Friday - Sunday	10 a.m. - 11 p.m.
Purdy Fitness Center	241-2949
Monday - Friday	5:30 a.m. - 9 p.m.
Saturday - Sunday	8 a.m. - 4 p.m.
Holidays	Closed
Purdy Fitness Center	241-2949
Reception Counter	
Monday - Friday	8 a.m. - 6 p.m.
Saturday - Sunday	Closed
Holidays	Closed
Sanban Tower Family Fitness Room	
Monday - Friday	24/7
Holidays	24/7
Purdy Fitness Center Pool 243-5620	
Monday - Friday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 3:45 p.m.
Sundays & Holidays	Closed

DINING OPERATIONS

Bowling Center & Midway Grill	243-4200
& Gaming Room	
Monday	Closed
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday*	10 a.m. - 11 p.m.
Saturday*	9 a.m. - 11 p.m.
Sunday	9 a.m. - 9 p.m.
Holidays	9 a.m. - 9 p.m.
* Open until midnight when carrier group is in port	
Club Alliance	243-3000/5951
Anchor Lounge Karaoke	
Sunday - Tuesday	Closed
Wednesday - Saturday	5 p.m. - 11 p.m.
Alliance Delivery Orders	243-5985/241-3786
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Bayou Burger	243-5985/241-3786
Sunday - Thursday	11 a.m. - 4 p.m.
Friday & Saturday	11 a.m. - Midnight
Italian Gardens	241-3786
Lunch	
Monday - Friday	11 a.m. - 2 p.m.
Saturday, & Sunday	Closed
Holidays	Closed
Dinner	
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Sharky's Roadhouse Lounge	
Sunday - Thursday	Closed
Friday & Saturday	Temporarily Closed
Sharky's Killer Wings	
Sunday - Thursday	4 - 11 p.m.
Friday & Saturday	5 p.m. - Midnight
Holidays	11 a.m. - 11 p.m.
Food Court	243-3245
Better Burger	
Daily	6 a.m. - 9 p.m.
Bombers	
Daily	10 a.m. - 9 p.m.
Uptown Pizza	
Daily	10 a.m. - 9 p.m.

CPO Club	243-5506
Hours of operation are subject to change	
Dining Room (All Hands)	
Saturday Brunch	9 a.m. - 2 p.m.
Sunday	9 a.m. - 2 p.m.
Holidays	Closed
Lunch Buffet	
Monday - Friday	11 a.m. - 2 p.m.
Dinner	
Monday - Friday	4 - 8 p.m.
Cove Bar	
Sunday	4 - 10 p.m.
Holidays	Closed
Monday - Thursday	11 a.m. - 11 p.m.
Friday	11 a.m. - Midnight
Saturday	4 p.m. - Midnight
Cruise Inn	
Monday - Friday	6 a.m. - 2 p.m.
Saturday, Sunday & Holidays	Closed
Gaming Room	
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday & Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 9 p.m.
Monday & Holidays	Closed
Club Takemiya Dining	246-8077
Monday - Friday	11 a.m. - 9 p.m.
Saturday Breakfast	9 - 11 a.m.
Saturday	11 a.m. - 9 p.m.
Sunday Brunch	9 a.m. - 2 p.m.
Sunday Closed	2 - 4 p.m.
Sunday Reopen	4 - 9 p.m.
Club Takemiya Lounge	
Monday & Tuesday	Closed
Wednesday - Thursday	3 - 9 p.m.
Friday & Saturday	4 - Midnight
Sunday	3 - 9 p.m.
Holidays	Open

Gaming Room	
Sunday - Thursday	11 a.m. - 9 p.m.
Friday & Saturday	11 a.m. - Midnight
Holidays	11 a.m. - 9 p.m.
Officers' Club Office	243-5030/5002
Officers' Club Cash Cage	243-5624
Officers' Club Chopsticks	243-5624
Monday - Friday	6 a.m. - 6 p.m.
Weekends & Holidays	Closed
Kosano Dining Room	
Sunday	9 a.m. - 2 p.m.
Monday - Friday	11 a.m. - 8 p.m.
Tuesday	11 - 2 p.m. & 5 - 8 p.m.
Saturday	4 - 8 p.m.
Holidays	Closed
Kurofune Lounge	
Sunday	2 - 8 p.m.
Monday - Thursday	4 - 11 p.m.
Friday - Saturday	4 p.m. - midnight
Holidays	Closed
Gaming Room	
Monday - Thursday	9 a.m. - 11 p.m.
Friday & Saturday	9 a.m. - Midnight
Sunday	9 a.m. - 8 p.m.
Holidays	Closed
Starbucks	046-820-2791
Monday - Sunday	7 a.m. - 8 p.m.
Chili's Grill & Bar	241-3865
Daily	11 a.m. - 9 p.m.
Chili's Take-Out	241-3842
Seaside Slots & Gaming Room	
Daily	11 a.m. - 7 p.m.
Holidays	11 a.m. - 7 p.m.

CHILD & YOUTH PROGRAM

CYP Admin Office	243-4079
Monday - Friday	7:30 a.m. - 4:30 p.m.
Family Child Care	070-1201-7944
24/7	or 241-2978
Ikego CDC	246-8060
Monday - Friday	6 a.m. - 6 p.m.
Ikego SAC	246-8301
Monday - Friday	6 a.m. - 6 p.m.

Ikego Teen Center	070-1201-7973
Monday - Saturday	Hours vary by age group
School Liaison Officer	243-5542
Monday - Friday	7 a.m. - 4 p.m.
Duncan Street CDC	243-3219
Monday - Friday	6 a.m. - 6 p.m.
Gridley Lane CDC	243-3033
Monday - Friday	6 a.m. - 6 p.m.
Green Street SAC	241-4100
Monday - Friday	6 a.m. - 6 p.m.
Third Avenue SAC	243-3439
Monday - Friday	6 a.m. - 6 p.m.
Yokosuka Teen Center	241-2098
Monday - Saturday	Hours vary by age group
Yokosuka Sports Office	241-2952
Monday - Friday	10 a.m. - 5:30 p.m.
*All Child & Youth Programs are closed on Holidays	

COMMUNITY RECREATION

Auto Skills Center	243-5456
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Tuesday & Wednesday	Closed
Saturday & Sunday	9 a.m. - 5 p.m.
Benny Decker Theater	243-6703
Monday	6 p.m.
Tuesday	6 p.m.
	\$1 Movie Night
Wednesday & Thursday	Closed
Friday Movies	5:30 & 8:30 p.m.
Saturday Movies	1, 5:30 & 8:30 p.m.
Sunday Movies	Noon, 3 p.m.
Community Center	241-4111
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Community Rec Office	243-1215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Entertainment Office	243-5215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Fleet Theater*	
Friday - Sunday Movies	6 & 9 p.m.
*Closed when USS Ronald Regan is not in port	
Green Bay Marina	243-4155
Thursday - Monday	9 a.m. - 6 p.m.
Tuesday - Wednesday	Closed
Ikego MWR Office	246-8071
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Library	243-5574
Monday - Wednesday	10 a.m. - 6 p.m.
Thursday	10 a.m. - 6:30 p.m.
Friday - Saturday	10 a.m. - 6 p.m.
Sunday & Holiday	Closed
Outdoor Rec Center (ORC)	243-5732
Outdoor Gear Equipment Rental Center	
Thursday - Tuesday	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Special Events Office	241-5060
Monday - Friday	8 a.m. - 5 p.m.
T-Shirt/ Plaque Shop	243-9064
Monday - Friday	9 a.m. - 5 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Tickets & Travel	241-5056
Mon, Tue, Thur, Fri, Sat	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Wednesday & Sunday	Closed
West Valley Campground (ORC)	243-5732
Thursday - Tuesday	10 a.m. - 6 p.m.
Wood Hobby Shop	241-3692
Monday, Thurs & Fri	11 - 7 p.m.
Saturday & Sunday	9 a.m. - 5 p.m.
Tuesday & Wednesday	Closed
Holidays	Closed

TO CALL USING OFF BASE/CELL PHONE:

Yokosuka	243 = 046-816-XXXX
	241 = 046-896-XXXX
Ikego	246 = 046-806-XXXX