

# POOL RULES

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- A parent / guardian must be at least 18 years old, and be responsible for the child.
- Children under the age of 10 must be accompanied by parent / guardian who must remain at the pool the entire time the child is present. If the child is left unattended it will be considered abandonment and the proper authorities will be contacted.

## Non-swimmers

- Children who cannot demonstrate the necessary skills to pass the Navy Youth Swim Test or choose not to participate in the test are classified as non-swimmers.
- Non-swimmers must stay in water less than armpit deep (feet on the bottom of pool) and require active adult supervision.
- Non swimmers who do not meet the "armpit depth" guideline are encouraged to wear a US Coast Guard approved personal flotation device and require active adult supervision.
- Active supervision means the adult must in the water within arm's reach of the child at all times.

## Swimmers

- Children who have demonstrated the necessary skills to have FULL access to the Aquatics facility, including slides, Wibit and diving boards, are classified as swimmers.

## General Rules

- Swimming is not permitted when a lifeguard is not on duty.
- No running, rough play, or personal conduct endangering the safety of self or others.
- No hyperventilation, breath holding, or prolonged underwater swimming (no more than 30 seconds/25 meters).
- Appropriate swimwear is required.
- Do not hang or sit on the lane lines.
- Shoes and pets are not permitted on the pool deck.
- Patrons must shower before entering the pool. Patrons with colds, skin infections, or open wounds are not permitted in the pool. Contaminating the pool or deck and walkways is prohibited.
- Food and drinks permitted only in designated areas. All glass containers are prohibited.
- Fraternizing with the on-duty lifeguard is not permitted.
- Only electronic devices with headphones are permitted.
- Only US Coast Guard approved flotation devices are permitted.
- Diaper changing is restricted to the changing stations in the locker rooms. Clothes changing must be done in the locker rooms. Disposable swim diapers are required for all children who are not toilet trained.
- Aquatic facility employees are not responsible for lost or stolen possessions.
- Children ages of 10-17 must have a valid swim license and valid ID card in order to enter the facility.
- Lifeguards have the authority to enforce all pool rules. Patrons who violate these may be asked to leave.
- Alcohol is not permitted in the aquatic facility. Patrons who appear to be under the influence of drugs or alcohol will not be allowed in or near the aquatic facility.
- Scuba equipment may only be used in regularly scheduled MWR scuba classes or during command reservation times. For official training purposes. Snorkel masks and fins may only be used during fitness lap swimming.

## Diving

- Diving is allowed only in designated areas.
- All diving attempts must be a forward jump or dive straight off the diving board.
- Only one person at a time is permitted on the board and only one bounce. Those waiting must wait on the deck, not on the stairs.

## Outdoor Pools

- Outdoor pools may close during inclement weather.
- Waterslides are only open for use during designated hours.
- The use of small water toys in baby pools and dive rings in the shallow area are permitted at the lifeguard's discretion (Water guns are not permitted).
- A pool break will be called 45 minutes past every hour for patrons under the age of 18. All pools are cleared including the baby pools.
- Only children under the age of 6 years, along with their parent or guardian, are allowed in the baby pool. EXCEPTION: Parents who have children 6-9 years who cannot pass the swim test may also bring those children into the baby pool, provided they also have a child under 6 years. If all children are 6 years or older, they must use the big pool under parent or guardian supervision (at least 18 years old).