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April 2025 • Vol. 85

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OFFICERS' CLUB

Chocolate Mousse Day

April 3 • 11 a.m. – 8 p.m. • Kosano Dining Room

Order any entrée and receive a complimentary chocolate mousse for your dessert!

Gin & Tonic Day

April 9 • 4 – 10 p.m. • Kurofune Lounge

Order Gin & Tonic and receive a choice of our complimentary appetizer.

Glazed Spiral Ham Day

April 15 • 6 a.m. – 6 p.m. • Chopsticks

Enjoy our selection of specialty glazed ham musubi.

Prime Rib Day

April 25 • 4 – 8 p.m. • Kosano Dining Room

Enjoy a delicious prime rib dinner plate consisting of a cut of prime rib, vegetable du jour and baked potatoes with all the trimmings. Regular menu is also available. **\$21.95 / person**

Blueberry Pie Day

April 28 • 11 a.m. – 6 p.m.

Chopsticks & Kosano Dining room

Buy one slice of blueberry pie, and get a second one free!

Stop Food Waste Day

April 30 • 4 – 6 p.m. • Chopsticks

Receive 50% off on all food items sold at Chopsticks!

OLD SCHOOL BINGO

Saturday, April 12 & 26

Officers' Club Admiralty Room (2F)

Doors open at 4:30 p.m. • Games start at 6 p.m.

Game packages are \$30 and includes special game. Additional packages are available for purchase. Must be 18 years or older to enter. Seating is on a first come, first served basis and cannot be reserved. Food and drinks will be available for purchase.



Chopsticks

Monday - Friday • 6 a.m. - 6 p.m.

Closed on Saturdays, Sundays & Holidays

Start your day with us at Chopsticks! We offer breakfast burritos, egg, sausage, bacon and potatoes plates and freshly baked biscuits with gravy, all available to-go. Or try our homemade fresh pastries, blueberry cream cheese scones, Siopao, Spanish breads and more, made daily by our own bakers. During lunch we offer grab-and-go sandwiches, healthy salads, and several Asian hot entrées to choose from.

KOSANO DINING ROOM

Weekly Specials

March 31 – April 4	Okinawa Style Beef Taco Rice Bowl	\$10.50
April 7 – 11	Caribbean Sampler	\$12.95
April 14 – 18	Buffalo Chicken Wrap	\$9.90
April 21 – 25*	Garlic Bread Lasagna Sandwich	\$11.95
April 28 – May 2	Vegetarian Black Bean Burger	\$6.95

*April 24: Kosano Dining Room & Kurofune Lounge will be closed (11 a.m. - 8 p.m.) in support of the Submarine Birthday Ball hosted by CSG-7.

PURPLE UP for the Military Child

APRIL

Receive a 10% discount on all Officers' Club
Kid's Menu items for the month of April.



APRIL 20

SPRING HARVEST BRUNCH

9 a.m. - 3 p.m. • Officers' Club Kosano Dining Room

Adults \$26.95 • Children (ages 6 - 11) \$12.50 • Children (ages 5 & under) Free

Reservations are required. Cut-off date is April 18.

Call 243-5030 for details.

APRIL

CPO CLUB LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Chicken Taco Carne Guisada	2 Kung Pao Chicken Ginger Honey Fried Fish	3 Honey Mustard Chicken Beef Steak w/ Tomato & Herbs	4 Fried Fish Pork Sinigang	5 Saturday Brunch 9 a.m. - 2 p.m.
6	7 A la carte	8 Beef Taco Chicken Picadillo	9 Asian-Style Braised Beef Sesame Chicken	10 Baked Salmon & Cod Spice Marinated Chicken	11 Fried Fish Beef Kare Kare	12 Saturday Brunch 9 a.m. - 2 p.m.
13	14 A la carte	15 Chicken Taco Chili Pepper Beef	16 Fried Chicken Special	17 Beef Stew Grilled Pork w/ Apple Sauce	18 Fried Fish Pork Sinigang	19 Saturday Brunch 9 a.m. - 2 p.m.
20 SPRING HARVEST BRUNCH 9 a.m. - 3 p.m.	21 A la carte	22 Beef Taco Chipotle Chicken	23 Pork Cutlet Curry Beef Stew	24 Fried Cod w/ Balsamic Salsa Grilled Herb Chicken	25 Fried Fish Beef Kare Kare	26 Saturday Brunch 9 a.m. - 2 p.m.
27	28 A la carte	29 Chicken Taco Carne Asada	30 Tempura Shrimp Pork Ginger			

Lunch Buffet • Tuesday - Friday • \$12.95/person
(Includes two entrées, soup, salad, dessert and iced tea or lemonade)

**menu items are subject to change*



CHIEF'S BIRTHDAY *Celebration*

TUESDAY, APRIL 1 • 5 - 7 P.M. • CPO CLUB COVE BAR*

HAPPY BIRTHDAY CHIEF PETTY OFFICERS! JOIN US FOR A HAPPY HOUR BUFFET AT THE COVE BAR.

*AUTHORIZED PATRONS ONLY



April 20
Spring
HARVEST BRUNCH

9 a.m. - 3 p.m.
CPO Club Dining Room

Adults \$27.95
Children (ages 6 - 11) \$12.95
Children (ages 5 & under) Free

Call 243-5506 for details.



GRILL YOUR OWN
STEAK
NIGHT

APRIL 26 • 4 - 9 P.M.
CPO CLUB COVE BAR

Featuring a live band. Adults only event.
Open to authorized patrons only.

\$30 / person



CPO CLUB



Monday | A la carte Night

4 - 8 p.m.

Order what your tummy wants from our delectable dinner menu.



Tuesday | Smoked Prime Rib Night

4 - 8 p.m.

*Juicy hickory smoked prime rib seasoned to perfection, cooked to your liking and served with hearty vegetables, soup, baked potato and garden salad. **\$19***



Wednesday | Mongolian BBQ

4 - 8 p.m.

A huge variety of meats, vegetables, sauces, soup, pancit, steamed rice and fried rice. Limited menu also available.

85¢ per ounce.



Thursday | All American Plate Dinner

4 - 8 p.m.

*Includes meatloaf, mashed potatoes, mac & cheese, pork spareribs, salad, apple cobbler and iced tea or coffee. **\$14.95***



Friday | Tropical Plate Dinner

4 - 8 p.m.

*Includes Kalua pork, huli-huli chicken, chicken long rice soup, macaroni salad, Hawaiian sweet bread, iced tea or coffee and dessert. **\$14.95***



Saturday | Brunch

9 a.m. - 2 p.m.

An all-you-can-eat buffet that includes a breakfast section, special carving stations and Japanese food station. Reservations not required but highly recommended.



Cruise Inn

Monday - Friday • 6 a.m. - 2 p.m.

Closed on Saturdays, Sundays & Holidays

Fuel your day from our delicious breakfast menu on the go.

For details call 243-5506.

Bon Appétit!

A collaboration between our JMSDF partners and MWR.

KEEMA HALBERD 174



CURRY

\$7

PER PLATE

APRIL 25

Officers' Club • CPO Club • Club Alliance* • Club Takemiya

Available at all MWR clubs. *Not available for delivery.



Club Alliance

APRIL
FOOL'S
TRIVIA

APRIL 1
5:30 - 6:30 p.m.
2F Sharky's Killer Wings
Join in on the fun!

FAMILY
FORMAL BALL

April 26
5 p.m. • Club Alliance
1F Sharky's Road House

Join us for a live DJ, dinner, dancing and fun!
Dinner buffet includes baked lasagna, chicken kiev, buttery mashed potatoes, rice pilaf, sliders and fries, cheese & pepperoni pizza bites, peas & carrots, garden tossed salad, macaroni salad and cheese cake.

Tickets available for pre-purchase at Club Alliance until Friday, April 25.
For details or to make reservations, please call 243-5985 or 241-3786

Ages 13 & up (\$30) • Ages 5 - 12 (\$15)
Ages 4 & under (FREE)



DANCE NIGHTS
w/ DJ & Dance Instructor

SALSA

April 11 & 25

Club Alliance
1F Sharky's Road House

Doors Open • 6 p.m.

Dance Lessons • 6:30 p.m.

Learn to dance the salsa and then show your new moves on the dance floor until we close. Food available to purchase.



BRICK OVEN

Pizza

Marinara Pizza

Anchovy & Olives.

Large \$16

Available daily in April





CLUB ALLIANCE

SHARKY'S

Killer Wings & Craft Beer

Home of flavored wings,
hand crafted starters, and craft beer.
For details please call 243-5985 or 241-3786.

CHEF'S SPECIAL PASTA NIGHT



Wednesdays • 5 - 9 p.m.
Club Alliance Italian Gardens Restaurant

Enjoy delicious chef's pasta with side salad
(your choice of dressing) garlic bread,
iced tea or a soft drink. **\$13 / person**



Home of Louisiana specialty po'boys, burgers, wraps and bites.

DINE-IN or TAKE OUT!

2ND FLOOR

CLUB ALLIANCE

SUNDAY - THURSDAY • 11 A.M. - 4 P.M.

FRIDAY - SATURDAY • 11 A.M. - MIDNIGHT

For details please call

243-5985 or 241-3786

APRIL

BOWLING CENTER EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 USBC Sport Condition Singles 5:30 p.m.	4 MGIF 4 - 8 p.m.	5 Cosmic Bowling 8 p.m. - Closing
6 Challenge the Staff Tournament 1 p.m. \$25 / person	7 CLOSED	8 Tuesday Night Doubles 5:30 - 7:30 p.m.	9 Captain's Cup Bowling 5:30 p.m.	10 USBC Sport Condition Singles 5:30 p.m.	11 MGIF 4 - 8 p.m.	12 Cosmic Bowling 8 p.m. - Closing
13 Yokosuka Shootout Scratch Tournament 11 a.m. \$60 / person	14 CLOSED	15 Tuesday Night Doubles 5:30 - 7:30 p.m.	16 Captain's Cup Bowling 5:30 p.m.	17 USBC Sport Condition Singles 5:30 p.m.	18 MGIF 4 - 8 p.m.	19 Cosmic Bowling 8 p.m. - Closing
20 Springtime Bowling Pack 3 games w/ drink \$5 / person	21 CLOSED	22 Tuesday Night Doubles 5:30 - 7:30 p.m.	23 Captain's Cup Bowling 5:30 p.m.	24 USBC Sport Condition Singles 5:30 p.m.	25 MGIF 4 - 8 p.m.	26 Cosmic Bowling 8 p.m. - Closing
27 Red Pin Bowling ALL DAY	28 CLOSED	29 Tuesday Night Doubles 5:30 - 7:30 p.m.	30 Captain's Cup Bowling 5:30 p.m.			

For more information, call 243-4200.

(Schedule subject to change)

BOWLING CENTER

SPRING BREAK

SPECIAL

MARCH 27 - APRIL 6

Enjoy one small pizza with fountain drink
& one hour of bowling.

\$10 / student

(Shoe rental not included)



BOWLING CENTER

APRIL
Burger
of the
Month
Midway Grill



BACON MUSHROOM SWISS BURGER

A big juicy burger with melty cheese,
draped over a beef patty with crispy
bacon and buttery mushrooms.

\$8.95 (served with fries and drink)

SPRINGTIME

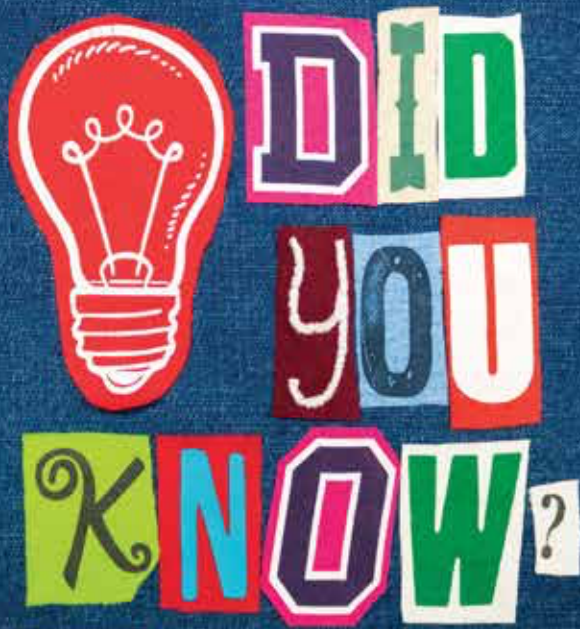
3-Game Bowling Pack

April 20

Bowling Center • 11 a.m. – 9 p.m.

Enjoy three games of bowling,
plus a fountain drink for only \$5 per person!
(Shoes not included)





Trivia Night

April 4 & 18

7 p.m. • Club Takemiya Lounge

A \$25 MWR Voucher will be awarded to the winner (team or individual, only one voucher will be awarded). Enjoy Wings Wednesday pricing for wings & tenders from 6 - 9 p.m.



DJ Night

April 11 & 25

7 p.m. – Midnight

Club Takemiya Lounge

Wind down after a long week while enjoying the latest hits. Bring your friends and dance the night away!

CLUB TAKEMIYA Springtime FEAST APRIL 20

9 a.m. - 8 p.m. • Main Dining Room

Adults \$25 • Children (ages 6 - 11) \$12.50 • Children (ages 5 & under) Free

A limited "to-go" menu will be offered from 4 - 8 p.m. for customers not wanting the buffet. Lounge will not be available on this day.

Call 246-8077 for details.





PRIME RIB *Night*

CPO Club

Tuesday • 4 - 8 p.m.

Club Alliance

Thursday • 5 - 9 p.m.

Officers' Club

Last Thursday of each month • 4 - 8 p.m.

MONGOLIAN BBQ

Club Takemiya

Tuesday • 11 a.m. - 9 p.m.

Officers' Club

Tuesday • 5 - 8 p.m.

CPO Club

Wednesday • 4 - 8 p.m.

SATISFY your **HUNGER!**



Indulge your appetite at one of our

BRUNCHES

Club Takemiya

Sunday • 9 a.m. - 2 p.m.

Officers' Club

Sunday • 9 a.m. - 2 p.m.

CPO Club

Saturday • 9 a.m. - 2 p.m.



We cater to all your needs from command events to birthday celebrations, promotions, retirements, weddings, and more.

Our facilities have banquet rooms that can accommodate small to large parties.

We will assist you in planning your menu, entertainment, floral arrangements and special touches to make your event memorable and extraordinary.

**Please call one of our
Catering Offices.**

**Officers' Club
243-5030**

**CPO Club
243-5506**

**Club Alliance
243-5951**



Group Swim Lessons

Classes meet Monday and Wednesday or Tuesday and Thursday for four weeks. Each class is 30 minutes. Classes may be canceled or combined due to low enrollment.

Registration will be available online beginning at 9 a.m. on registration day. In person registration can be done during normal operating hours at Purdy Fitness Center Reception counter or at the Ikego MWR office.

Be sure to get your MyFFR login and password. American Red Cross swim lessons are offered year-round for all abilities and ages.

Parent / Child	6 months – 3 years
Preschool	3 years – 5 years
Levels 1-6	6 years – 15 years
Adults	16 years and older

\$60 (Classes are prorated for holidays)

Free for active duty.

Swim Lessons

Private and semi private lessons are available to be booked online. Instructor availability can be seen online on the MyFFR site. Private Instructors availability will be put online Mondays and be available for sign-ups Thursday of the same week. If instructors have no new availability there will be nothing available online. Book your lesson(s) and then bring your receipt to the Reception Desk at the Purdy Fitness Center to pick up your sticker.

Private Lessons

Available for those desiring one-on-one instruction.

\$20 / lesson or \$100 / 6 lessons

All lessons are 30 minutes

Semi-Private Lessons

Available for 2 participants at the same level.

\$30 / lesson or \$150 / 6 lessons

All lessons are 30 minutes

Group Lessons

Session 7 Registration

Open Registration

April 11 - 16

Session Dates

April 21 - May 15



My FFR!
Scan to register!



Purdy Pool Hours of Operations

Monday - Friday

6 a.m. – 7 p.m.

6 a.m. – 2 p.m.

3 – 7 p.m.

Lap / Fitness Swimming

Command Training

(Reservations Required)

Recreational Swimming

Saturday

8 a.m. – 4 p.m.

Lap / Recreational Swim

Closed Sundays & Holidays

Water Safety Instructor (Swim Instructor)

April 4 – 6 • Purdy Pool

Friday 4 – 9 p.m. • Saturday & Sunday 8 a.m. – 6 p.m.

Registration deadline is March 29.

Prerequisite swimming skills:

1. Swim the following strokes consistent with the Level 4:

- Front crawl – 25 yards
- Back crawl – 25 yards
- Breaststroke – 25 yards
- Elementary backstroke – 25 yards
- Sidestroke – 25 yards
- Butterfly – 15 yards

2. Maintain position on back for 1 minute in deep water (floating or sculling).

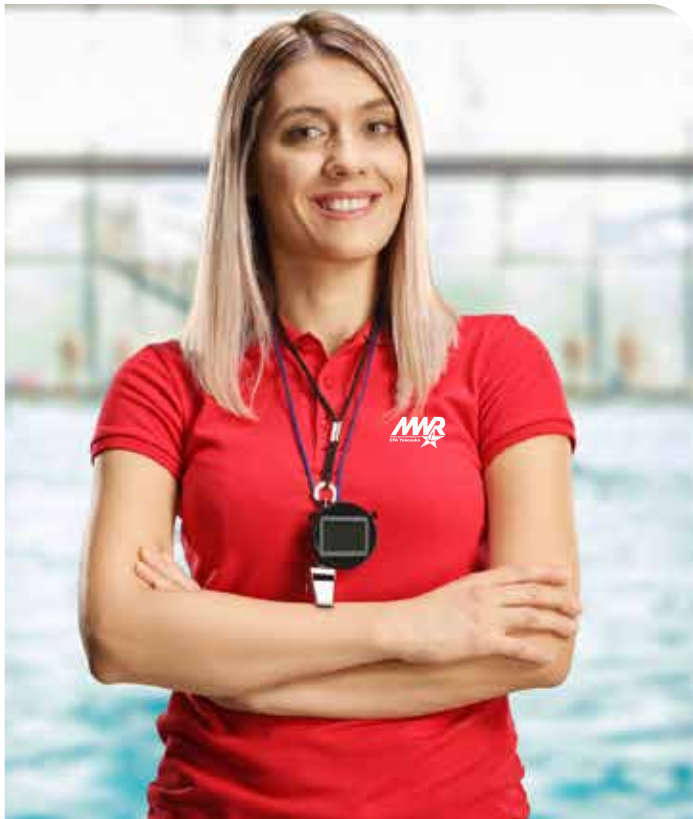
3. Tread water for 1 minute.

Cost:

\$75 / CFAY personnel

\$100 / non CFAY personnel

Open to ages 16 and older



Find Out Friday

Fridays • 3 – 3:30 p.m. or 5:30 – 6 p.m. • Purdy Pool

Do you have questions about lessons and which level is appropriate? Are you trying to pass the swim test and you're too tall to tread water in the shallow end? Interested in being a lifeguard and need to take the prerequisite swim test? Just drop in, we will have instructors available to answer your questions and assist in the water.

FloatFit Class

Tuesdays & Thursdays • 9:30 – 10 a.m. • Purdy Pool

A fun, high-intensity circuit training drill, performed on an AquaBase floating water mattress in a swimming pool, FloatFit gives a full body workout. The need to balance the AquaBase will teach you how to focus on your posture, and strengthen your core while concentrating on exercises such as burpees, planks, squats, mountain climbers and more! Intricate stabilizing muscles work overtime helping to prevent dislocation and adding strength to joints. These muscle fibers often go 'unused' in other workouts. For those with knee or joint difficulties, FloatFit is a low-impact workout, with a mixture of core and yoga inspired exercises to suit all abilities. Eliminating the heavy impact on hard surfaces will assist your joints in every way to reach fitness levels other workouts can fail you on. Only 8 spots available per class! **\$3 / class**



Lifeguard Training

May 2 – 4 • Purdy Pool

This is the last class before the summer teen hiring season.

Friday 4 – 9 p.m. • Saturday & Sunday 8 a.m. – 6 p.m.

Registration deadline is April 18.

Prerequisite 1:

Complete a swim-tread-swim sequence without stopping to rest:

- Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed).
- Tread water for 2 minutes using legs only.
- Swim 50 yards using the front crawl, breaststroke or a combination of both.

Prerequisite 2:

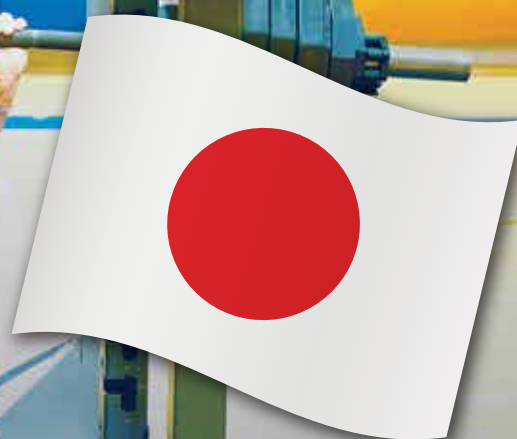
Complete a timed event within 1 minute, 40 seconds:

- Starting in the water, swim 20 yards. (The face may be in or out of the water. Swim goggles are not allowed.)
- Surface dive (feet-first or head-first) to a depth of 7 – 10 feet to retrieve a 10-pound object.
- Return to the surface and swim 20 yards on the back to return to the starting point, holding the object at the surface with both hands and keeping the face at or near the surface.
- Exit the water without using a ladder or steps.

Open to ages 15 and older (MWR hiring age is 16)

\$75 (CFAY personnel), \$100 (non CFAY personnel)

To register, please contact MWR Aquatics at 243-5620.



IRON CLASH **USA** VS. **JAPAN** **POWERLIFTING SHOWDOWN**

April 19 • Fleet Gym Basketball Court • 9 a.m.

Participants should be onsite at 8 a.m.



Are you ready for the ultimate test of strength? Join us as the strongest athletes from Japan and the USA go head-to-head in an electrifying iron clash showdown!

INDIVIDUAL & TEAM COMPETITIONS

Compete in your weight class to claim the title of strongest in Yokosuka!

Team Event: The top 10 athletes from each country will combine their total lifts to see which nation reigns supreme.

INCREDIBLE FEATS OF STRENGTH

Witness jaw-dropping lifts and unparalleled determination. Whether you're a seasoned powerlifter, or just starting, this competition is for you. Compete as an individual or represent your country as part of the team.

REGISTER NOW • \$30 / PERSON

Don't miss your chance to be part of this legendary event. For more information or to register, visit us on the 3rd floor at the Fleet Recreation Center Office or contact us at DSN: 241-2953 Mobile 046-896-2953, email: mwr_yokosuka_fitness@us.navy.mil.



Visit us on the web.



COMMAND CHALLENGE

Event • April 26 • 2 p.m. • Berkey Field
Registration Deadline • April 21

Tug of War • Relay Races • Obstacle Courses

Calling all commands! Get ready for an action-packed day of competition, camaraderie and pure adrenaline as your team goes head-to-head in the Command Challenge!

Gear up for an epic showdown featuring classic field day games and more!
All Japanese military commands are invited to participate and bring their A-game to the competition.
Let's make this an unforgettable day of friendly competition and cross-cultural unity!



Visit us on the web.

SUN

MON

TUES

WED

THU

FRI

SAT

April Events

		1 Comedy Movie Marathon All Day Dungeons & Dragons Night 6:45 - 9:45 p.m.	2 Peanut Butter & Jelly Day All Day	3 Liberty Outreach: CFAY Galley 11 a.m.	4 Giant Chess Tournament 5 p.m.	5 Mt. Takao Hiking & Cherry Blossom Viewing Tour 7 a.m. - 6 p.m.
6 Nakameguro Cherry Blossom Viewing & Shibuya Crossing 9 a.m. - 6 p.m.	7 National Twinkie Day 4 p.m.	8 NCAA Men's Basketball Championship Match & Taco Tuesday 10:30 a.m. Dungeons & Dragons Night 6:45 - 9:45 p.m.	9 Liberty Leisure Class: Japanese Language 5 p.m.	10 Bowling Night 4 - 6 p.m.	11 Foodie Friday: National Grilled Cheese Month 4:30 p.m.	12
13 Board Game Night National Scrabble Day All Day	14 90's Snacks & Treats All Day	15 Dungeons & Dragons Night 6:45 - 9:45 p.m.	16 Liberty Leisure Class: Cherry Blossom Painting All Day	17 Liberty Barracks Bash BLT Month UH 3387 • 4:30 p.m.	18 Local Restaurant Adventure: Udon Night 5 p.m.	19 Korea Town Area Tour 9 a.m. - 5 p.m.
20	21 April Birthday Celebration 4:30 p.m.	22 Dungeons & Dragons Night 6:45 - 9:45 p.m.	23 Liberty Leisure Class: Cooking Class Yakisoba 4:30 p.m.	24 8 Ball Pool Tournament 5 p.m.	25 Down to Your Last Dollar 4:30 p.m.	26
27 Kanazawa Nature Park & Zoo Tour 10 a.m. - 3 p.m.	28 National Superhero Day: Movie Marathon All Day	29 Dungeons & Dragons Night 6:45 - 9:45 p.m.	30 Tekken 8 Tournament 4:30 p.m.			

Liberty Card Benefits

Register for your Single Sailor membership card in the Liberty Center! Eligible patrons include single and unaccompanied servicemen and women on shore duty, deployed Sailors, and Sailors permanently assigned to bachelor quarters.

Please register for tournaments at the Liberty Center's main desk. Registration is open until the start of the event. For more information, please call 243-7346 or visit the MWR website at www.navymwryokosuka.com. **Events are subject to change without notice.**

Dungeons & Dragons Night

Tuesdays • 6:45 – 9:45 p.m. Liberty Center

Stop by Liberty Center and meet other local Dungeons & Dragons players for adventures and fun! Explore fantastic worlds, clash with dark monsters, spin lore and commit heroic feats while playing the greatest RPG of all time! **Free**

Comedy Movie Marathon

Tuesday, April 1 • All Day • Liberty Center

Come to Liberty for our Comedy Movie Marathon and get your laugh on. Enjoy free popcorn and drinks during the shows. **Free**



Peanut Butter & Jelly Day

Wednesday, April 2 • All Day • Liberty Center

Is there any combination better than peanut butter & jelly? We can't think of one! Stop by and eat as much PB&J as your heart desires, and no one can say anything about it! We'll personally be having one for brunch and dinner at Liberty Center! **Free**

Liberty Outreach: CFAY Galley

Thursday, April 3 • 11 a.m. • CFAY Galley

The Liberty Center is serving up new information for our upcoming trips and events at the CFAY Galley. Be sure to take advantage of this opportunity while on your lunch break and see what cool trips you can utilize during your stay in Japan. **Free**

Giant Chess Tournament

Friday, April 4 • 5 p.m. • Liberty Center

Liberty will have our giant chess game as well as regular chess boards set up all day long. If you're a beginner or never played before, don't worry, just let us know and we will show you how to play. For our chess masters, we will have a tournament to see who the best is. The champion receives an awesome prize! **Free**

Mt. Takao Hiking & Cherry Blossom Viewing Tour

Saturday, April 5 • 7 a.m. – 6 p.m. • Tokyo

We are taking you on a hiking expedition! We'll be going back to Mt. Takao, but this time, we're heading up the mountain during Cherry Blossom season! Located in Southern Tokyo, Mt. Takao offers beautiful scenery and a great hiking experience. Near the observation deck, you'll have the choice of hiking back, or taking a cable car from Takao san Station to Kiyotaki Station. Price includes transportation, rail car ticket and Liberty guide. Sign-up deadline is Tuesday, April 1. **\$24 / Blue Jacket, \$40 / E6 & Up**



Nakameguro Cherry Blossom Viewing & Shibuya Crossing

Sunday, April 6 • 9 a.m. – 6 p.m. • Tokyo

Join the Liberty Center as we travel to one of the most famous cherry blossom viewing spots in Tokyo! Nakameguro Canal is lined with shops and stalls serving festival food and spring-themed treats. You can also visit the only Starbucks Reserve Roastery in Japan! We will then head to one of the Tokyo's most energetic neighborhoods, Shibuya, for a late lunch and shopping. Trip includes Liberty guide and transportation. Sign-up deadline is Tuesday, April 1. **\$10 / Blue Jacket, \$15 / E6 & Up**

National Twinkie Day

Monday, April 7 • 4 p.m. • Liberty Center

It's National Twinkie Day! Imagine yourself finishing that first golden, spongy, creamy Twinkie. Your hunger begins to dissipate and your sugar high kicks in. Stop by the Liberty Center and get some Twinkies for free! While supplies last.

NCAA Men's Basketball Championship Match & Taco Tuesday *Tuesday, April 8 • 10:30 a.m. • Liberty Center*

Stop by Liberty and cheer on your favorite team in the ultimate living room! Enjoy the game on our big screen while enjoying a buffet of delicious tacos! **Free**

Liberty Leisure Class: Japanese Language *Wednesday, April 9 • 5 p.m. • Liberty Center*

We're having a Japanese instructor stop by to teach you some essential Japanese to enhance your stay in Japan! The class is limited to the first 10 sign-ups. Sign up at the Liberty Center front counter no later than Tuesday, April 8. Pre-registration is required. **Free**

Bowling Night *Thursday, April 10 • 4 - 6 p.m. • Bowling Center*

It's that time again...its our monthly free bowling night with pizza and soft drinks! The van leaves from the loading dock behind the James D. Kelly Fleet Recreation Center at 3:45 p.m. sharp. Space is limited; pre-registration is requested. Remember, all Liberty events are alcohol free. *Note: We're not accepting any walk-in sign-ups at the Bowling Center. All participants need to sign-up at the Liberty Center no later than 3:40 p.m. **Free**

Foodie Friday: National Grilled Cheese Month *Friday, April 11 • 4:30 p.m. • Liberty Center*

In honor of National Grilled Cheese Month, we'll be serving up free grilled cheese sandwiches with tomato soup and a side salad! Don't forget to check out our list of tours and events while you're here. While supplies last. **Free**

Board Game Night: National Scrabble Day *Sunday, April 13 • All Day • Liberty Center*

Think you've seen it all when it comes to board games? Think again! Join us for an evening of fun where you have an opportunity to learn about board games that you have never played before! And yes, there will be prizes for the winners! **Free**

90's Snacks & Treats *Monday, April 14 • All Day • Liberty Center*

Let's take a walk down memory lane with retro food & snacks that your parents or siblings grew up with in the 90's! Stop by the Liberty Center and enjoy this trip down memory lane. **Free**

Liberty Leisure Class: Cherry Blossom Painting *Wednesday, April 16 • All Day • Liberty Center*

It's cherry blossom season so we're hosting a Cherry Blossom Painting class to teach you the technique of painting Japan's famous Sakura (cherry blossom) design. **Free**

Liberty Barracks Bash: BLT Month *Thursday, April 17 • 4:30 p.m. • UH 3387*

Are you up for some great company, and feeling hungry? Liberty is bringing the food to you! Come hang out with us and grab some free food at Bldg. 3387's 1st floor lounge. We'll be playing music, Giant Jenga and giving away prizes. Join in on the fun and be sure to grab some flyers of our upcoming trips and events. **Free**



Local Restaurant Adventure: Udon Night *Friday, April 18 • 5 p.m. • Yokosuka*

Would you like to spend your time experiencing local foods and expanding your flavor horizons? The Liberty Center has you covered, and this time we are hitting up one of the local udon restaurants nearby. And it's all free! Sign up in advance to secure your spot in order to enjoy this delightful experience. **Free**

Korea Town Area Tour

Saturday, April 19 • 9 a.m. – 5 p.m. • Tokyo

Liberty is taking you to explore Tokyo's Korea Town! Here, you can find K-Pop shops & cafes, Korean cosmetics and an array of Korean restaurants. Trip includes Liberty guide and transportation. Sign-up deadline is Tuesday, April 15. **\$10 / Blue Jacket, \$13 / E6 & Up**

April Birthday Celebration

Monday, April 21 • 4:30 p.m. • Liberty Center

Liberty is hosting our monthly birthday drawing, so if you're an Aries or Taurus April baby, make sure to enter this month! We will have a birthday cake for everyone to enjoy, so come help us as we say Happy Birthday to all who were born in the month of April. **Free**

Liberty Leisure Class: Cooking Yakisoba

Wednesday, April 23 • 4:30 p.m. • Liberty Center

Learn how to cook yakisoba, a classic Japanese stir-fried noodle dish that's seasoned with a sweet and savory sauce similar to Worcestershire sauce. Learn step by step with authentic ingredients how to make this tasty dish. Spots are limited! **Free**



8 Ball Pool Tournament

Thursday, April 24 • 5 p.m. • Liberty Center

Our popular billiards event is back again! 8-Ball is the name of the game; sink the 8 ball in after beating out the rest of your opponents to secure your prize as well as bragging rights. **Free**

Down to Your Last Dollar

Friday, April 25 • 4:30 p.m. • Liberty Center

If you're getting low on funds, swing by the Liberty Center for some delicious dishes and drinks! Be sure to stop by and fill up your stomach! Check out our list of tours and events while you're here. While supplies last. **Free**



Kanazawa Nature Park & Zoo Tour

Sunday, April 27 • 10 a.m. – 3 p.m. • Yokohama

Kanazawa Zoological Gardens covers roughly 12.8 hectares within Kanazawa Nature Park, which is situated next to the Greenery Preservation Area and Civic Forest in Yokohama. The zoo features a collection of rare herbivorous animals kept in a natural, unfenced environment, for the purpose of preservation of species. Trip includes Liberty guide, transportation and admission. Sign-up deadline is Tuesday, April 22. **\$5 / Blue Jacket, \$10 / E6 & Up**

National Superhero Day: Movie Marathon

Monday, April 28 • All Day • Liberty Center

Join us for a fun-filled day of action movies, free popcorn & beverages as we observe National Superhero Day! **Free**

Tekken 8 Tournament

Wednesday, April 30 • 4:30 p.m. • Liberty Center

Think you're the best video game fighter around? Liberty is breaking out all our copies of Tekken 8 on the new Xbox Series X console or PS5, to find out who is our Liberty Champion. Strike and move to show off your skill, beat the competition and take home the prize! **Free**

To register for Captain's Cup events, please email mwr_yokosuka_adult_sports@us.navy.mil



Captain's Cup 4-Person Golf Scramble

Registration • Now – April 24

Tournament • Friday, April 25 • Atsugi Golf Course

Commands will compete against each other in a 4-person golf scramble, with each team playing 1 round of 18 holes. Transportation will be provided for players who request it.



Captain's Cup Virtual Run Challenge

Registration • Now – March 30

Event • April 1 – 30

Accumulate the most miles using a fitness app, or pictures of treadmill miles throughout the month of April.

Captain's Cup Gaming Tournament Series

Registration • April 8 – May 15

Tournament • Thursday, May 15 • Liberty Center

Participants will compete in tournament game style play in either FIFA 2K24, Madden 2K24, or a FPS-Game.

Both Men's & Women's Divisions are available.



Intramural Tournament Registration 3 on 3 Ballin' on the Bay Basketball Invitational

Registration • Now – April 21

Tournament • April 26 • Fleet Recreation Center

The tournament will also feature a 3-point contest and knockout competition. Both Men's & Women's Divisions available. **\$100**



SPRING STRIDE HALF MARATHON

Saturday, April 26 • 9 a.m. • Purdy Pavilion

Spring into action at the Spring Stride Half Marathon! Whether aiming for a personal best or taking on your first half marathon, this is your chance to challenge yourself.

Don't miss out - Register today and be part of an unforgettable experience!

Register at the Fleet Recreation Center Fitness Office • Registration Fee: \$15 (Spring Stride t-shirt included)



For more information!

PURPLE UP

for the Military Child



Military Child Carnival

April 26 • 2 - 5 p.m. • Bowling Center Parking Lot

Come out and show your support for our children. Enjoy arts & crafts activities, vendors market*, games, free bowling and pizza.

Bowling Center

April 26 • 11 a.m. & 5 p.m.

Kids up to 18 yrs old in high school can enjoy two free hours of bowling, shoe rental, one cheese or pepperoni personal pizza and a fountain drink all for free!

Moana & Moana 2

April 27 • Noon & 3 p.m. • Benny Decker Theater.

Spend time with your children and enjoy watching Moana & Moana 2 (Free for all kids).



Yokosuka MWR

*Home Based Business Vendors Market

Are you a home based business and interested in being a vendor?

Visit navymwryokosuka.com and email

MWR_Yokosuka_special_events@us.navy.mil

for all the details on how to sign up.

Participation Fee \$100, limited space available.





Child Development Centers

The Yokosuka and Ikego Child Development Centers offer child care and developmental activities for children from six weeks to pre-kindergarten.



School Age Care (SAC)

School Age Care (SAC) programs are for children in kindergarten through 12 years old. We work with dynamic organizations such as the Boys & Girls Clubs of America and 4-H to offer the best programming. Our programs provide educational and recreational activities that focus on building self-esteem, developing appropriate relationships, facilitating academic success, and making healthy choices.

Types of Care Provided

- Before School Care
- After School Care
- Holiday / Summer Camps
- Hourly Care

To join the waitlist or view current care options, please log into www.militarychildcare.com or scan the QR code.



Child & Youth Education Services (CYES)

Child & Youth Education Services (CYES) is the education services arm of CYP. The Child & Youth Education Services Officer provides support to all military connected families in transition with their K-12 education, public, private, parochial, DoDEA, and home school. The SLO helps students and families connect to their command, school, community, and future.

Email the SLO at SLOYokosuka@us.navy.mil or scan the QR code.



Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC)

Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC) Programs support and augment Child & Youth Programs and DoDEA schools. Counselors provide non-medical support to eligible faculty, staff, parents and children. They may observe, participate and engage in activities with children and youth; coaching, guidance and support to staff and parents, and model behavior management techniques and more! Contact the SLO for more information about the CYB-MFLC Program.





Need childcare for your appointment?

Spaces are available at all CDC, FCC & SAC programs after school only or on no-school days.

Steps to register for Hourly Care:

1. Complete a Navy CYP Registration packet:
MWR_Yokosuka_CYPadmin@us.navy.mil
2. Email or drop-off forms at any CDC (243-3219, 243-3033, or 246-8060) or CYP Admin Office (243-4079).
3. An orientation is required before drop off.
Registration link for finding hourly care availability is
<https://myffr.navyaims.com/yokosukacyp.html>
4. Login information to sign-up for hourly care will be given once orientation is completed.

For more information, please call 243-4079
or Email: MWR_Yokosuka_FCC@us.navy.mil
or MWR_Yokosuka_CYPadmin@us.navy.mil



Free childcare is provided by CYP from 30 minutes before classes begin to 30 minutes after classes end.

Steps to register for AOB Child Care:

1. Contact CDC, SAC, or FCC for availability and for registration information.
2. To process registration for school age children, they must be enrolled in DoDEA Elementary School. SAC programs offer care before & after school during the school year.
3. SAC programs provide full day care for children during the Summer, Spring, and Winter school breaks.

If you have any questions you can reach out to CYP admin at mwr_yokosuka_cyp_AOB@us.navy.mil or call (DSN) 243-4079 or (Cell) 046-816-4079. Contact the FCC Director at mwr_yokosuka_FCC@us.navy.mil or call (DSN) 241-2978 (C) 046-896-2948.

Welcome New Families!
CYP AOB Child Care



Family Care Plan Campaign

The Child Development Centers, Child Development Homes, and the School Age Centers will be reaching out to military families to ensure the Family Care Plans are completed. Child & Youth Programs will work with families and their command to ensure all active duty single and dual military families with dependents enrolled in CDC or SAC programs have the correct paperwork completed and turned in for this requirement.

What is the Family Care Plan?

Family Care Plans are mission planning tools to establish and document written plans to care for minor children while the sailor is absent (DoD Instruction 1342.19).

Who does it affect?

The Family Care Plan (FCP) is required for all single and dual active duty military sailors with children enrolled in CDC or SAC programs.

When does the FCP need to be completed?

Single and dual sailors with dependents enrolled in CDC or SAC programs are asked to complete the FCP as soon as possible. New enrollments have up to 60 days from the original start date to provide FCP.

Why is it important?

To be mission ready and best prepared to take care of your child in case of an emergency.

What can you do?

Contact CYP as soon as possible to verify your FCP status.

For more information, scan the QR code on the right.





Become a Family Child Care (FCC) Provider

Family Child Care (FCC) providers assist parents by providing child care services supporting operational readiness, mission accomplishment and retention.

Independent Work Environment

- You work for yourself, in your own home.

Benefits

- Toy & equipment lending library.
- Low cost liability insurance.
- On-site assistance and advice.
- Free monthly training, promotion, ads, and referrals.
- Direct subsidy program.

Basic Qualifications

- At least 18 years of age.
- Responsible, emotionally stable, and capable of exercising good judgment in caring for children.
- Have a high school diploma, GED, or higher level degree.
- Speak, read, and write English fluently to communicate with parents.

Types of Family Child Care Homes

- Multi-age homes
- Infant / Pre-Toddler Homes
- Before & After School Homes
- Extended Hours Homes
- Special Needs Homes

Take the Next Step

Complete an interest form at: <https://test.public.militarychildcare.csd.disa.mil/mcc-central/mcchome/work-with-military-children>

Email us at MWR_Yokosuka_FCC@us.navy.mil or scan the QR code on the right to reach us for more information.



Family Child Care (FCC) Information for Parents

Family Child Care (FCC) offers quality care in a loving, learning home environment for children ages six weeks to twelve years. All homes are certified by DoD.

FCC providers are encouraged to obtain accreditation by the National Association for Family Child Care (NAFCC). As an additional quality assurance measure, FCC providers receive a minimum of one unannounced monitoring visit each month to assess providers' relationships with children and families, appropriateness of the learning environment, planned activities, safety and health of the home, and other items. The goal of these visits is to provide programmatic support and ensure adherence to Navy standards and policies.

Parent Fees

All FCC subsidized rates must be verified during initial registration using Total Family Income (TFI), and updated annually. TFI will be verified by documentation to include spouse's most recent LES(s), W-2 forms, or detailed pay information. Students are required to provide proof of full-time school enrollment.

- Eligible patrons include: Active Service Members / DoD Civilians.
- Parent fee is assessed through established income categories.
- Multi-child discount will be applied to additional child enrolled.
- Hourly fees will be discussed with your FCC provider.

Contact us for more information about Family Child Care (FCC) at:

Green St. SAC Bldg. H12
CFA Yokosuka
DSN: 241-2978

CML: 046-896-2978
Cell: 070-1201-7944

E-mail: MWR_Yokosuka_FCC@us.navy.mil





What is a School Liaison Officer?

The School Liaison Officer serves as the liaison between the installation commander, military agencies, and schools by providing assistance in matters pertaining to student education.

The School Liaison Officer also implements the Navy's Strategic Planning for Education Advocacy K-12 recommendations in order to ensure Navy families have access to quality educational opportunities. School Liaison Officers level the playing field for military children by ensuring maximum educational opportunities for success.



Why are School Liaison Officers needed?

School transition and deployment support is a Navy readiness and retention issue. The Navy benefits from having Sailors who can focus on their duties, whether ashore or deployed.

- Navy families move their children an average of every 2.9 years.
- Children of military personnel attend up to 9 different schools by graduation.
- Military families are reluctant to disrupt high school youth in their senior year.
- Deployments can impact educational outcomes of children.
- Many families decide to "separate geographically" to keep kids in current school.



Navy School Liaison Officers Provide Seven Core Services to Assist Families

• School Transition Services

Assist families with school transfers and help 'level the playing field' for military children and youth.

• Deployment Support

Connect educators with Navy deployment support system to inform them about cycles of deployment and tools available to assist in working with Navy children.

• Command, School, Community Communications

Serve as subject matter experts for installation commanders on K-12 issues, helping to connect command, school and community resources.

• Home School Linkage and Support

Assist families by gathering and sharing information on home schooling issues, policies and legislation and help leverage CYP resources to support these families.

• Partnerships in Education (PIE)

Creates volunteer network of resources to support installation and community members who have vested interest in the success of all youth.

• Post-Secondary Preparations

Leverage installation and school resources to provide graduating military students with access to post secondary information and opportunities.

• Special Needs System Navigation

Provide information on installation and community programs and services, make referrals to EFMP, and assist in navigating administrative systems within LEAs.

For more information or to contact the School Liaison Officer

✉ E-mail: MWR_Yokosuka_SchoolLiaison@us.navy.mil



GIVE PARENTS A BREAK

Locations

Gridley Lane CDC

Children ages

6 weeks - 5* year olds

*Pre-kindergarten

Green St. SAC

Children ages

5* - 12 year olds

*Kindergarteners



Saturday, April 12 • 4 - 10 p.m.

Registration must be completed and submitted online.

Families can pick up registration packets at any CYP location if not already in our system and return them to any CYP locations. Payment is required by Friday, April 4. Cost is \$48 per child (6 hours total). A light meal will be provided. No refunds.

For details, please call Gridley Lane CDC at 243-3033 (046-816-3033), or Green Street CDC at 241-4100 (046-896-4100).



CYP Enrollment



My FFR



School Age Care



MilitaryChild.Com



April

Yokosuka & Ikego Libraries

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7 Full STEAM Ahead 10 a.m. - Noon Ikego Nikko Heights Community Room	8 Lego Mania 3 - 4 p.m. Yokosuka Library	9 Full STEAM Ahead 10 - 11 a.m. Yokosuka Library	10	11 Baby & Toddler Story Time 10 - 11 a.m. Yokosuka Library	12
13	14 Full STEAM Ahead 10 a.m. - Noon Lego Mania 3 - 4 p.m. Ikego Nikko Heights Community Room	15	16 Full STEAM Ahead 10 - 11 a.m. Yokosuka Library	17	18 Baby & Toddler Story Time 10 - 11 a.m. Yokosuka Library	19
20	21 Full STEAM Ahead 10 a.m. - Noon Ikego Nikko Heights Community Room	22	23 Full STEAM Ahead 10 - 11 a.m. Yokosuka Library	24	25 Baby & Toddler Story Time 10 - 11 a.m. Yokosuka Library	26
27	28 Full STEAM Ahead 10 a.m. - Noon Ikego Nikko Heights Community Room	29	30 Full STEAM Ahead 10 - 11 a.m. Yokosuka Library			

Japan Trivia Contest

Visit us and answer three trivia questions about Japan. Two lucky drawing winners will receive a MWR gift card each week.

Program break April 1 - 4



Check out our digital collection at
<https://www.NavyMWRDigitalLibrary.org>

Mon, Wed, Fri & Sat • 10 a.m. - 6 p.m.
Tues & Thurs • 10 a.m. - 6:30 p.m.
Sunday & Federal Holidays • Closed
046-816-5574 • DSN: 243-5574



For more information, please visit
www.navymwryokosuka.com

Wood Hobby Shop

Auto Skills Center

The Wood Hobby Shop is available for patrons ages 17 and up; minors aged 14 - 16 years must be accompanied by a parent or legal guardian at all times. Please register by the Thursday before each class. Safety test completion is required before class attendance. The Wood Hobby Shop Safety Orientation Class is offered on Thursdays and Saturdays at 11 a.m.

Participants of Auto Skill Center Classes are required to use their own POV. Students age 16 and below must be accompanied by a parent or guardian.

LEARN A HOBBY WITH US!



Planer, Jointer & Table Saw
Saturday, April 5 • 1 - 4 p.m.

Want to learn the basic steps needed to machine boards square, flat and to the correct thickness to build something? Then this is the perfect hands-on class for you. You will be taught the basics of wood technology and stock preparation. This fun, quick class will cover the use of the table saw, jointer and thickness planer. Don't underestimate this class, it is a must-take for anyone buying rough cut lumber.

\$15/person

Make a Flag Case
Saturday, April 19 • 1 - 4 p.m.

In this class, you will be taken through the steps of making a triangular case in which to store a special flag. Tools used include the table saw, miter saw, router table and band saw. You will have a variety of woods from which to select. At the end of the class, you will have a beautiful flag case to finish as you choose. Plexiglas will be used for this class; real glass will not be included.

\$15/person



Belts & Tires (Basic)
Saturday, April 12 • 1 - 4 p.m.

This course will cover how to inspect tires & belts. We will teach you how to remove and replace fan and accessory belts as well as the removal and rotation of tires.

\$15/person



Motor Oil & Filter Change
Saturday, April 26 • 1 - 4 p.m.

This 3-hour course will go over how to do a basic oil and filter change on your vehicle using seven easy steps: 1-choosing your motor oil; 2-preparing your vehicle; 3-draining the old motor oil; 4-removing the oil filter; 5-replacing the oil filter; 6-adding clean motor oil; 7-how to properly dispose of the used oil.

\$15/person



Ballet

Yokosuka & Ikego
Community Centers

Develop motor skills, coordination,
as well as strength & flexibility with ballet.
Styles vary based on instructor.

- Creative Movement (beginner)
- Intermediate Ballet
- Advanced Ballet
- Pointe (per invitation only)
- Dance with Me (guardian & child)

Classes available for youth (2 years and up) & adults.
All levels are welcome.



Visit the web



Register at myFFR

For more information or to register, scan the following QR Codes.

OUTDOOR RECREATION CENTER YOKOSUKA



Adventure Trips

Want to explore Japan but not sure how to get there? We offer trips from seeing sunsets at beaches, mountain biking, deep sea fishing, kayaking, Mt. Fuji hikes & climbs, surfing, skiing and more! Seeking adventure but are missing key components like a bike or skis? Then visit us at MWR Yokosuka Outdoor Recreation Center. We offer rental gear for a variety of outdoor activities: hiking, city & full-suspension mountain bikes, skiing / snowboarding, camping, grills, tables and pig roasters.

Cherry Blossom Road Biking at Lake Kasumigaura

Saturday, April 5 • 5:30 a.m. - 7 p.m.

Hike at Kanegatake

Saturday, April 5 • 6 a.m. - 4 p.m.

Ravine Fishing at Hayato International Fishery

Sunday, April 6 • 5 a.m. - 5 p.m.

Beginner Hike at Kamakura

Sunday, April 6 • 10 a.m. - 1 p.m.

Odawara Forrest Adventure Zip Lining

Saturday, April 12 • 7 a.m. - 2 p.m.

Beginner Hike at Yugawara Makuyama

Saturday, April 12 • 6 a.m. - 5 p.m.

Izu Splash Canyoning & Cave Onsen

Sunday, April 13 • 4:30 a.m. - 5 p.m.

Hike at Ogusuyama

Sunday, April 13 • 2 - 7 p.m.

Intermediate Hike at Tsukubasan

Saturday, April 19 • 5 a.m. - 6 p.m.

Red Snapper Deep Sea Fishing

Sunday, April 20 • 6 a.m. - 4 p.m.

Kashima Beginner Surfing Class

Saturday, April 26 • 5 a.m. - 4 p.m.

Hike at Yaguradake

Saturday, April 26 • 6 a.m. - 5 p.m.

Minakami Whitewater Rafting

Sunday, April 27 • 5 a.m. - 5:30 p.m.

**myFFR**

For more informaion on any of these adventures, please visit our myFFR

TICKETS & TRAVEL

Tokyo Highlights

April

Register Now

Friday, April 4

Night Cherry Blossom Noh at Yasukuni Shrine

Saturday, April 5

Odawara Castle & Hakone Sightseeing
Tokyo Cherry Blossom Viewing

Sunday, April 6

Japanese Boat Cruise w/ Cherry Blossom Viewing
Saitama Lake Town Outlet Shopping

Saturday, April 12

Fuji Safari Park

Sunday, April 13

New Sanno Brunch & Tokyo Tower

Friday, April 18

Yunessun Hot Spa

Saturday, April 19

Chichibu Flower Carpet & Steam Locomotive Ride
Narita Taiko Drum Festival

Sunday, April 20

Ashikaga Flower Park & Strawberry Picking
Chichibu Flower Carpet & Steam Locomotive Ride

Saturday, April 26

Grand Sumo Jungyo at Yokohama Arena
Mt.Fuji Sightseeing & Sake Brewery Tasting

Sunday, April 27

Ashikaga Flower Park & Strawberry Picking
Fuji-Q Highland Amusement Park

All tours are subject to change.

May

Registration begins on Saturday, April 5

Saturday, May 3

Doki - Doki Flea Market

Sunday, May 4

Tokyo Highlights

Saturday, May 10

Togakushi Shrines & Zenkoji Temple
Mt.Nokogiri Hiking & Cable Car

Sunday, May 11

New Sanno Brunch & Grand Sumo Tournament
Fuji-Q Highland Amusement Park

Saturday, May 17

Nanadaru (Seven Waterfalls) & Hot Spring

Sunday, May 18

Nikko Toshogu Samurai Parade & Tobu World Square
Tokyo Dome Baseball • Giants vs Dragons

Friday, May 23

Enoshima Aquarium & Enoshima Island

Saturday, May 24

Ueda Castle & Karuizawa Prince Shopping Plaza
Sanrio Puroland

Sunday, May 25

Tokyo Dome Baseball • Giants vs Swallows

Monday, May 26

Fukiware Falls & Daruma Temple
Sumo Experience with Meal

Saturday, May 31

Mt.Fuji Sightseeing
Japan Alps Kamikochi National Park Hike

TOUR^{OF THE} MONTH

Shorinzan Darumaji Temple

& FUKIWARE WATERFALLS

SATURDAY, MAY 14

This temple was built in 1697 and is purported to be the place where Japanese daruma dolls originated. These popular bearded dolls are considered good luck charms.

Traditionally, you make a wish and fill in one of their eyes, and when it comes true, you fill in the other eye. At the end of the year, you bring the doll back to the shrine to burn it.

The temple is piled high with daruma of various sizes and colors, each representing something different. Red is the most common color, which invites general good fortune. An adjoining museum displays non-traditional daruma.

Fukiware Falls are known as the Niagara Falls of Asia. This dynamic waterfall is surrounded by beautiful scenery which is famous during the spring and autumn because of its vivid colors.



For more information about this tour or any other that we offer, please contact Yokosuka MWR's [Tickets & Travel](#). To sign up scan the QR Code to get to [myFFR](#). Tours are subject to change or cancellation.



myFFR



243-5056
046-816-5056

Green Bay Marina

OPEN

Starting Tuesday, April 1

Hours of Operation

Thurs. - Mon. • 9 a.m.- 6 p.m.

Tues. & Wed. - Closed

Come out and relax!

Every Thursday & Sunday

Stand-Up Paddle Boards & Kayaks rentals
\$1 / 1hr.



Visit the web

For more upcoming classes or more information,
please visit us on the web.

ATHLETICS

Adult Sports Office	241-2955
Monday - Friday	8 a.m. - 5 p.m.
Aquatics Office	243-5620
Athletics Facilities	241-2945
Deployed Forces Support	243-7284
Monday - Friday	8 a.m. - 5 p.m.
Fitness	241-4486
Monday - Friday	8 a.m. - 5 p.m.
Fleet Gym	243-5304
Basketball Court	24/7
Fleet Gym Cardio Room	24/7
5F Exercise Machines	24/7
Fleet Gym, Gear Issue, 4F Weight Room	
Monday - Sunday	24/7
Holidays	24/7
Green Beach Pool*	243-6410
Ikego Pool*	246-7988
Liberty Center	243-7346
Monday - Thursday	10 a.m. - 10 p.m.
Friday - Sunday	10 a.m. - 11 p.m.
Purdy Fitness Center	241-2949
Monday - Friday	5:30 a.m. - 9 p.m.
Saturday - Sunday	8 a.m. - 4 p.m.
Holidays	Closed
Purdy Fitness Center	241-2949
Reception Counter	
Monday - Friday	8 a.m. - 6 p.m.
Saturday - Sunday	Closed
Holidays	Closed
Sanban Tower Family Fitness Room	
Monday - Friday	24/7
Holidays	24/7
Purdy Fitness Center Pool	243-5620
Monday - Friday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 3:45 p.m.
Sundays & Holidays	Closed

DINING OPERATIONS

Bowling Center & Midway Grill	243-4200
& Gaming Room	
Monday	Closed
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday*	10 a.m. - 11 p.m.
Saturday*	9 a.m. - 11 p.m.
Sunday	9 a.m. - 9 p.m.
Holidays	9 a.m. - 9 p.m.
* Open until midnight when carrier group is in port	
Club Alliance	243-3000/5951
Anchor Lounge Karaoke	
Sunday - Tuesday	Closed
Wednesday - Saturday	5 p.m. - 11 p.m.
Alliance Delivery Orders	243-5985/241-3786
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Bayou Burger	243-5985/241-3786
Sunday - Thursday	11 a.m. - 4 p.m.
Friday & Saturday	11 a.m. - Midnight
Italian Gardens	241-3786
Lunch	
Monday - Friday	11 a.m. - 2 p.m.
Saturday, & Sunday	Closed
Holidays	Closed
Dinner	
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Sharky's Roadhouse Lounge	
Sunday - Thursday	Closed
Friday & Saturday	Temporarily Closed
Sharky's Killer Wings	
Sunday - Thursday	4 - 11 p.m.
Friday & Saturday	5 p.m. - Midnight
Holidays	11 a.m. - 11 p.m.
Food Court	243-3245
Better Burger	
Daily	6 a.m. - 9 p.m.
Bombers	
Daily	10 a.m. - 9 p.m.
Uptown Pizza	
Daily	10 a.m. - 9 p.m.

CPO Club	243-5506
Hours of operation are subject to change	
Dining Room (All Hands)	
Saturday Brunch	9 a.m. - 2 p.m.
Sunday	9 a.m. - 2 p.m.
Holidays	Closed
Lunch Buffet	
Monday - Friday	11 a.m. - 2 p.m.
Dinner	
Monday - Friday	4 - 8 p.m.
Cove Bar	
Sunday	4 - 10 p.m.
Holidays	Closed
Monday - Thursday	11 a.m. - 11 p.m.
Friday	11 a.m. - Midnight
Saturday	4 p.m. - Midnight
Cruise Inn	
Monday - Friday	6 a.m. - 2 p.m.
Saturday, Sunday & Holidays	Closed
Gaming Room	
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday & Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 9 p.m.
Monday & Holidays	Closed
Club Takemiya Dining	246-8077
Monday - Friday	11 a.m. - 9 p.m.
Saturday Breakfast	9 - 11 a.m.
Saturday	11 a.m. - 9 p.m.
Sunday Brunch	9 a.m. - 2 p.m.
Sunday Closed	2 - 4 p.m.
Sunday Reopen	4 - 9 p.m.
Club Takemiya Lounge	
Monday & Tuesday	Closed
Wednesday - Thursday	3 - 9 p.m.
Friday & Saturday	4 - Midnight
Sunday	3 - 9 p.m.
Holidays	Open

Gaming Room	
Sunday	11 a.m. - 9 p.m.
Friday & Saturday	11 a.m. - Midnight
Holidays	11 a.m. - 9 p.m.
Officers' Club Office	243-5030/5002
Officers' Club Cash Cage	243-5624
Officers' Club Chopsticks	243-5624
Monday - Friday	6 a.m. - 6 p.m.
Weekends & Holidays	Closed
Kosano Dining Room	
Sunday	9 a.m. - 2 p.m.
Monday - Friday	11 a.m. - 8 p.m.
Tuesday	11 - 2 p.m. & 5 - 8 p.m.
Saturday	4 - 8 p.m.
Holidays	Closed
Kurofune Lounge	
Sunday	2 - 8 p.m.
Monday - Thursday	4 - 11 p.m.
Friday - Saturday	4 p.m. - midnight
Holidays	Closed
Gaming Room	
Monday - Thursday	9 a.m. - 11 p.m.
Friday & Saturday	9 a.m. - Midnight
Sunday	9 a.m. - 8 p.m.
Holidays	Closed
Starbucks	046-820-2791
Monday - Sunday	7 a.m. - 8 p.m.
Chili's Grill & Bar	241-3865
Daily	11 a.m. - 9 p.m.
Chili's Take-Out	241-3842
Seaside Slots & Gaming Room	
Daily	11 a.m. - 7 p.m.
Holidays	11 a.m. - 7 p.m.

CHILD & YOUTH PROGRAM

CYP Admin Office	243-4079
Monday - Friday	7:30 a.m. - 4:30 p.m.
Family Child Care	070-1201-7944
24/7	or 241-2978
Ikego CDC	246-8060
Monday - Friday	6 a.m. - 6 p.m.
Ikego SAC	246-8301
Monday - Friday	6 a.m. - 6 p.m.

Ikego Teen Center	070-1201-7973
Monday - Saturday	Hours vary by age group
School Liaison Officer	243-5542
Monday - Friday	7 a.m. - 4 p.m.
Duncan Street CDC	243-3219
Monday - Friday	6 a.m. - 6 p.m.
Gridley Lane CDC	243-3033
Monday - Friday	6 a.m. - 6 p.m.
Green Street SAC	241-4100
Monday - Friday	6 a.m. - 6 p.m.
Third Avenue SAC	243-3439
Monday - Friday	6 a.m. - 6 p.m.
Yokosuka Teen Center	241-2098
Monday - Saturday	Hours vary by age group
Yokosuka Sports Office	241-2952
Monday - Friday	10 a.m. - 5:30 p.m.
*All Child & Youth Programs are closed on Holidays	

COMMUNITY RECREATION

Auto Skills Center	243-5456
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Tuesday & Wednesday	Closed
Saturday & Sunday	9 a.m. - 5 p.m.
Benny Decker Theater	243-6703
Monday	6 p.m.
Tuesday	6 p.m.
	\$1 Movie Night
Wednesday & Thursday	Closed
Friday Movies	5:30 & 8:30 p.m.
Saturday Movies	1, 5:30 & 8:30 p.m.
Sunday Movies	Noon, 3 p.m.
Community Center	241-4111
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Community Rec Office	243-1215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Entertainment Office	243-5215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Fleet Theater*	
Friday - Sunday Movies	6 & 9 p.m.
*Closed when USS Ronald Regan is not in port	
Green Bay Marina	243-4155
Thursday - Monday	9 a.m. - 6 p.m.
Tuesday - Wednesday	Closed
Ikego MWR Office	246-8071
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Library	243-5574
Monday - Wednesday	10 a.m. - 6 p.m.
Thursday	10 a.m. - 6:30 p.m.
Friday - Saturday	10 a.m. - 6 p.m.
Sunday & Holiday	Closed
Outdoor Rec Center (ORC)	243-5732
Outdoor Gear Equipment Rental Center	
Thursday - Tuesday	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Special Events Office	241-5060
Monday - Friday	8 a.m. - 5 p.m.
T-Shirt/ Plaque Shop	243-9064
Monday - Friday	9 a.m. - 5 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Tickets & Travel	241-5056
Mon, Tue, Thur, Fri, Sat	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Wednesday & Sunday	Closed
West Valley Campground (ORC)	243-5732
Thursday - Tuesday	10 a.m. - 6 p.m.
Wood Hobby Shop	241-3692
Monday, Thurs & Fri	11 - 7 p.m.
Saturday & Sunday	9 a.m. - 5 p.m.
Tuesday & Wednesday	Closed
Holidays	Closed

TO CALL USING OFF BASE/CELL PHONE:

Yokosuka	243 = 046-816-XXXX
	241 = 046-896-XXXX
Ikego	246 = 046-806-XXXX

AHoy



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Welcome in Spring with CFAY MWR!

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& Hakone Sightseeing**
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Spring Festival
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SPRING

SPECIAL CELEBRATION

MARCH 29

Club Alliance Ballroom @ 5 p.m.

Featuring Live Entertainment:



Special Beverages:



Green Smasher



Emerald Isle



Green Monster

Buffet Menu:

Smoked Salmon & Cucumber
on Rye Bread

Green Salad

Butter Carrots

Bangers & Mash

Guinness Battered
Fish & Chips

Grilled Lamb Chop

Corned Beef & Cabbage

Mint Oreo Parfaits

Bread Pudding

Apple Cake

Tickets can be purchased at 2F Club Alliance cash cage.
Ticket includes live entertainment, buffet and one raffle ticket.

For details, call 243-3000.

\$30 / Person

(Open to 20 years old and above)



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OFFICERS' CLUB

National Chicken Parmesan Day

March 11 • 11 a.m. – 2 p.m. • Kosano Dining Room
Order a Chicken Parmesan and receive a Caesar side salad on us!

National Reuben Sandwich Day

March 14 • 11 a.m. – 8 p.m. • Kosano Dining Room
Receive a 10% discount on our delicious Reuben Sandwich.

Oatmeal Cookie Day

March 19 • 6 a.m. – 6 p.m. • Chopsticks
Buy one oatmeal cookie and get the second one free.

National Cheese Steak Day

March 24 • 11 a.m. – 2 p.m. • Kosano Dining Room
Order a Philly Cheese Steak Sandwich and receive a free cup of soup.

OLD SCHOOL BINGO

Saturday, March 8 & 29

Officers' Club Admiralty Room (2F)

Doors open at 4:30 p.m. • Games start at 6 p.m.

Game packages are \$30 and includes special game. Additional packages are available for purchase. Must be 18 years or older to enter. Seating is on a first come, first served basis and cannot be reserved. Food and drinks will be available for purchase.



Chopsticks

Monday - Friday • 6 a.m. - 6 p.m.

Closed on Saturdays, Sundays & Holidays

Start your day with us at Chopsticks! We offer breakfast burritos, egg, sausage, bacon and potatoes plates and freshly baked biscuits with gravy, all available to-go. Or try our homemade fresh pastries, blueberry cream cheese scones, Siopao, Spanish breads and more, made daily by our own bakers. During lunch we offer grab-and-go sandwiches, healthy salads, and several Asian hot entrées to choose from.



MARCH

CPO CLUB LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Saturday Brunch 9 a.m. - 2 p.m.
2	3 A la carte	4 Chicken Taco Bacalao a la Vizcaina	5 Honey Ginger Pork Ribs Black Pepper Beef	6 Chicken Limone Red Wine Beef Stew	7 Fried Fish Pork Sinigang	8 Saturday Brunch 9 a.m. - 2 p.m.
9	10 A la carte	11 Beef Taco Pollo con Chorizo	12 Stuffed Cabbage Rolls Sweet & Sour Pork	13 Cod & Potato Gratin Pork Frittata	14 Lunch Buffet Special	15 Saturday Brunch 9 a.m. - 2 p.m.
16	17 A la carte	18 Chicken Taco Carne Asada	19 Fried Chicken Special	20 Chicken Pizzaiola Baked Salmon w/ Orange Sauce	21 Fried Fish Pork Sinigang	22
23	24 A la carte	25 Beef Taco Pollo a la Chipotle	26 Braised Pork Sizzling Shrimp	27 Beef Steak w/ Basil Sauce Pork Saltimbocca	28 Fried Fish Chicken Afritada	29 Saturday Brunch 9 a.m. - 2 p.m.
30	31					

Lunch Buffet • Tuesday - Friday • \$12.95/person
 (Includes two entrées, soup, salad, dessert and iced tea or lemonade)

**menu items are subject to change*



CPO CLUB



Monday | A la carte Night

4 - 8 p.m.

Order what your tummy wants from our delectable dinner menu.



Tuesday | Smoked Prime Rib Night

4 - 8 p.m.

*Juicy hickory smoked prime rib seasoned to perfection, cooked to your liking and served with hearty vegetables, soup, baked potato and garden salad. **\$19***



Wednesday | Khorkhog BBQ

4 - 8 p.m.

A huge variety of meats, vegetables, sauces, soup, pancit, steamed rice and fried rice. Limited menu also available.

85¢ per ounce.



Thursday | All American Plate Dinner

4 - 8 p.m.

*Includes meatloaf, mashed potatoes, mac & cheese, pork spareribs, salad, apple cobbler, and iced tea or coffee. **\$14.95***



Friday | Tropical Plate Dinner

4 - 8 p.m.

*Includes Kalua pork, huli-huli chicken, chicken long rice soup, macaroni salad, Hawaiian sweet bread, iced tea or coffee and dessert. **\$14.95***



Saturday | Brunch

9 a.m. - 2 p.m.

An all-you-can-eat buffet that includes a breakfast section, special carving stations and Japanese food station. Reservations not required but highly recommended.



Cruise Inn

Monday - Friday · 6 a.m. - 2 p.m.

Closed on Saturdays, Sundays & Holidays

Fuel your day from our delicious breakfast menu on the go.

For details call 243-5506.

Bon Appétit!



A collaboration between our
JMSDF partners and MWR.

OISHISA FULL MOON CURRY

Available at all MWR clubs
MARCH 28

Officers' Club
CPO Club
Club Alliance*
Club Takemiya

\$5

PER PLATE

**Includes spicy chicken curry,
egg and steamed rice.**

*Not available for delivery.



MARDI GRAS

Tuesday, March 4

Let the good times roll and celebrate
Mardi Gras at Club Alliance!

2F Bayou Burger

One promotional piece of King Cake will be given with
food purchase.

2F Sharky's Killer Wings

One promotional piece of King Cake will be given with
food purchase.



\$6 Hurricane

\$6 Milk Punch

\$6 Frozen
Strawberry Daiquiri

\$6 French 75



DANCE NIGHTS

w/ DJ & Dance Instructor

SALSA

MARCH 7 & 21 : Sharky's Road House, 1st Floor

Doors Open • 6 p.m.

Dance Lessons • 6:30 p.m.

Learn to dance the salsa and then show your new moves on
the dance floor until we close. Food available to purchase.

BACHATA

MARCH 13 & 25 : Sharky's Road House, 1st Floor

Bachata Basics • 6 p.m.

Bachata Pair & Improvers Lessons • 7:30 p.m.

Social Time • 8:30 - 11 p.m.

Learn to dance Bachata in 90 minutes. Beginners welcome!
Food and drinks available to purchase.

FAM JAM

YOKO

Jam

SESSIONS

MARCH 28

Sharky's Roadhouse 1st Floor

Doors open at 6 p.m.

Event starts at 6:30 p.m.

Yoko Jam Sessions is an audience
participation event where the
instruments are provided, all you
have to do is provide the talent!
Food and drinks are available to
purchase. Open to all ages.



Pizza

Bambino Pizza

Tuna, Corn & Bacon Pizza.

Large \$16

Available Daily in March



SPRING CELEBRATION

CPO CLUB

MARCH 14

11 a.m. - 2 p.m.

CPO Club Dining Room

Call 243-5506 for details.

\$15 / Adult

\$10 / Children (ages 6 - 11)

Free / Children (ages 5 & under)

LUNCH BUFFET

Featuring
Bangers & Mash,
Stobhach Stew,
Corned Beef & Cabbage
and Pan-fried
Guinness Chicken.

Wear something
green and get a
complimentary
green beverage.



OFFICERS' CLUB

MARCH 14

11 a.m. - 2 p.m.

Kosano Dining Room Call
243-5030 for details.

\$19.95 / Person

LUNCH BUFFET

Featuring Soup, Tossed
Salad w/ assorted
dressing, Spicy Green
Bean Salad,
Corned Beef & Cabbage,
Boiled Potatoes,
Shepherd's Pie,
Beef & Guinness Stew,
Soda Bread,
Peas & Carrots,
Mashed Potatoes and
assorted Desserts.



CLUB TAKEMIYA

MARCH 14

4 - 9 p.m.

Club Takemiya Dining Room

Call 246-8077 for details.

\$20 / Plate

SPECIAL PLATE

Featuring Creamy
Reuben Soup, Spinach
Salad with your choice of
dressing, Corned Beef &
Cabbage and Savory
Zucchini Cake.
Comes with Colcannon
and Green Beans.



MARCH

BOWLING CENTER EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Cosmic Bowling 8 p.m. - Closing
2 Red Pin Bowling ALL DAY	3 CLOSED	4 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	5 Captain's Cup Bowling 5 p.m.	6	7 PSNS League 5:30 p.m.	8 Cosmic Bowling 8 p.m. - Closing
9 No Tap Doubles Tournament 1 p.m. \$40 / Team	10 CLOSED	11 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	12 Captain's Cup Bowling 5 p.m.	13	14 PSNS League 5:30 p.m.	15 Cosmic Bowling 8 p.m. - Closing
16 USBC Sport Condition Pattern Tournament 1 p.m. \$40 / Person	17 CLOSED	18 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	19 Captain's Cup Bowling 5 p.m.	20	21 PSNS League 5:30 p.m.	22
23 Challenge the Staff Tournament 1 p.m. \$25 / Person	24 CLOSED	25 Youth Bowling League 3 - 5 p.m. Tuesday Night Doubles 5:30 - 7:30 p.m.	26 Captain's Cup Bowling 5 p.m.	27	28 PSNS League 5:30 p.m.	29 Cosmic Bowling 8 p.m. - Closing
30 Yokosuka Shootout Scratch Tournament 11 a.m. \$60 / Person	31 CLOSED					

For more information, call 243-4200.

(Schedule subject to change)

BOWLING CENTER

SPRING BREAK

SPECIAL

MARCH 27 - APRIL 6

Enjoy one small pizza with fountain drink
& one hour of bowling.

\$10 / student

(Shoe rental not included)



PIZZA OF THE MONTH

LOUISIANA CHICKEN PIZZA

We're celebrating March's festivities
with this Mardi Gras themed pizza!

Whole \$16.95

Individual \$5.95

Available daily in March!



DJ Night

March 7 & 21

7 p.m. – Midnight

Club Takemiya Lounge

Wind down after a long week while enjoying the latest hits. Bring your friends and dance the night away!



Trivia Night

March 15 & 28

7 p.m. • Club Takemiya Lounge

A \$25 MWR Voucher will be awarded to the winner (team or individual, only one voucher will be awarded). Enjoy Wings Wednesday pricing for wings & tenders from 6 – 9 p.m.



C L U B T A K E M I Y A

KARAOKE NIGHT

Saturdays

4 p.m. - Midnight

To sing or not to sing? That is the question!

Rock, R&B, Country, Pop or Rap, you name it, we've got it!



PRIME RIB *Night*

CPO Club

Tuesday • 4 - 8 p.m.

Club Alliance

Thursday • 5 - 9 p.m.

Officers' Club

Last Thursday of each month • 4 - 8 p.m.

KHORKHOG BBQ

Club Takemiya

Tuesday • 11 a.m. - 9 p.m.

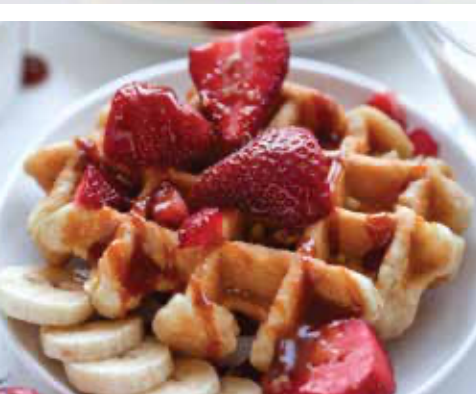
Officers' Club

Tuesday • 5 - 8 p.m.

CPO Club

Wednesday • 4 - 8 p.m.

SATISFY your **HUNGER!**



Indulge your appetite at one of our

BRUNCHES

Club Takemiya

Sunday • 9 a.m. - 2 p.m.

Officers' Club

Sunday • 9 a.m. - 2 p.m.

CPO Club

Saturday • 9 a.m. - 2 p.m.



We cater to all your needs from command events to birthday celebrations, promotions, retirements, weddings, etc.

Our facilities have banquet rooms that can accommodate small to large parties.

We will assist you in planning your menu, entertainment, floral arrangements and special touches to make your event memorable and extraordinary.

**Please call one of our
Catering Offices.**

**Officers' Club
243-5030**

**CPO Club
243-5506**

**Club Alliance
243-5951**



Group Swim Lessons

Classes meet Monday and Wednesday or Tuesday and Thursday for four weeks. Each class is 30 minutes. Classes may be canceled or combined due to low enrollment.

Registration will be available online beginning at 9 a.m. on registration day. In person registration can be done during normal operating hours at Purdy Fitness Center Reception counter or at the Ikego MWR office.

Be sure to get your MyFFR login and password.
American Red Cross swim lessons are offered year-round for all abilities and ages

Parent / Child	6 months – 3 years
Preschool	3 years – 5 years
Levels 1-6	6 years – 15 years
Adults	16 years and older

\$60 (Classes are prorated for holidays)
Free for active duty.

Swim Lessons

Private and semi private lessons are available to be booked online. Instructor availability can be seen online on the MyFFR site. Private Instructors availability will be put online Mondays and be available for sign-ups Thursday of the same week. If instructors have no new availability there will be nothing available online. Book your lesson(s) and then bring your receipt to the Reception Desk at the Purdy Fitness Center to pick up your sticker.

Private Lessons

Available for those desiring one-on-one instruction.
\$20 / lesson or \$100 / 6 lessons
All lessons are 30 minutes

Semi-Private Lessons

Available for 2 participants at the same level.
\$30 / lesson or \$150 / 6 lessons
All lessons are 30 minutes

Group Lessons

Session 6 Registration

Open Registration	March 7 - 13
Session Dates	March 18 - April 10

Session 7 Registration

Open Registration	April 11 - 16
Session Dates	April 21 - May 15



My FFR!
Scan to register!



Purdy Pool Hours of Operations

Monday - Friday

6 a.m. – 7 p.m.	Lap / Fitness Swimming
6 a.m. – 2 p.m.	Command Training (Reservations Required)
3 – 7 p.m.	Recreational Swimming

Saturday

8 a.m. – 4 p.m.	Lap / Recreational Swim
-----------------	-------------------------

Closed Sundays & Holidays

Water Safety Instructor (Swim Instructor)

April 4 – 6 • Purdy Pool

Friday 4 – 9 p.m. • Saturday & Sunday 8 a.m. – 6 p.m.
Registration deadline is March 29.

Prerequisite swimming skills:

- Swim the following strokes consistent with the Level 4:
 - Front crawl – 25 yards
 - Back crawl – 25 yards
 - Breaststroke – 25 yards
 - Elementary backstroke – 25 yards
 - Sidestroke – 25 yards
 - Butterfly – 15 yards

- Maintain position on back for 1 minute in deep water (floating or sculling).

- Tread water for 1 minute.

Cost:

\$75 / CFAY personnel
\$100 / non CFAY personnel
Open to ages 16 and older

Find Out Friday

Fridays • 3 – 3:30 p.m. or 5:30 – 6 p.m. • Purdy Pool

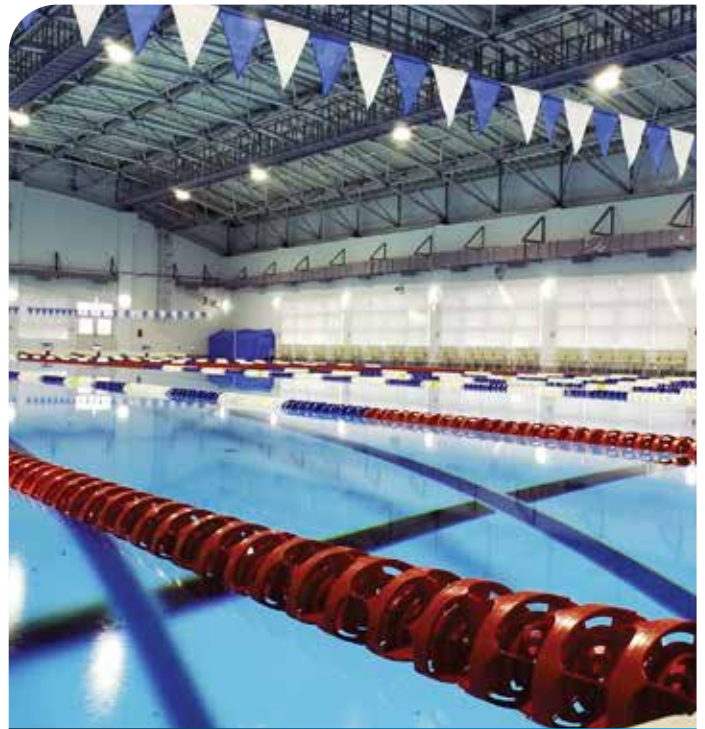
Do you have questions about lessons and which level is appropriate? Are you trying to pass the swim test and you're too tall to tread water in the shallow end? Interested in being a lifeguard and need to take the prerequisite swim test? Just drop in, we will have instructors available to answer your questions and assist in the water.



FloatFit Class

Tuesdays & Thursdays • 9:30 – 10 a.m. • Purdy Pool

A fun, high-intensity circuit training drill, performed on an AquaBase floating water mattress in a swimming pool, FloatFit gives a full body workout. The need to balance the AquaBase will teach you how to focus on your posture, and strengthen your core while concentrating on exercises such as burpees, planks, squats, mountain climbers and more! Intricate stabilizing muscles work overtime helping to prevent dislocation and adding strength to joints. These muscle fibers often go 'unused' in other workouts. For those with knee or joint difficulties, FloatFit is a low-impact workout, with a mixture of core and yoga inspired exercises to suit all abilities. Eliminating the heavy impact on hard surfaces will assist your joints in every way to reach fitness levels other workouts can fail you on. Only 8 spots available per class! **\$3 / class**



Lifeguard Training

May 2-4 Purdy Pool

Last class before teen summer hire season.

Friday 4 – 9 p.m. • Saturday & Sunday 8 a.m. – 6 p.m.
Registration deadline is April 18.

Prerequisite 1:

Complete a swim-tread-swim sequence without stopping to rest:

- Jump into the water and totally submerge, resurface then swim 150 yards using the front crawl, breaststroke or a combination of both. (Swimming on the back or side is not permitted. Swim goggles are allowed).
- Tread water for 2 minutes using legs only.
- Swim 50 yards using the front crawl, breaststroke or a combination of both.

Prerequisite 2:

Complete a timed event within 1 minute, 40 seconds:

- Starting in the water, swim 20 yards. (The face may be in or out of the water. Swim goggles are not allowed.)
- Surface dive (feet-first or head-first) to a depth of 7 – 10 feet to retrieve a 10-pound object.
- Return to the surface and swim 20 yards on the back to return to the starting point, holding the object at the surface with both hands and keeping the face at or near the surface.
- Exit the water without using a ladder or steps.

Open to ages 15 and older (MWR hiring age is 16)
\$75 (CFAY personnel), \$100 (non CFAY personnel)

To register, please contact MWR Aquatics at 243-5620.

March 1 - 31 • 8 a.m. - 5 p.m. • Fleet Gym

LUCKY LADDER

WORKOUT CHALLENGE

Fitness Challenge:

Climb your way to new fitness heights in a high-energy event that's as exciting as it is challenging!

Whether you are aiming to improve endurance, build strength, or simply enjoy a dynamic workout with others, this ladder-style routine will keep you moving and motivated.

Suitable for all fitness levels!

1 - Minute
Wall Sit

15 High Knees
(each leg)

20 Sit-Ups

Fireman
Sandbag Carry

10 Lunges
(each leg)

30-Second
Plank Hold

10 Mountain
Climbers (each leg)

15 Front Squats
w/ Sand Bag

5 Push-ups

10 Jumping Jacks

Instructions:

Start at the bottom of the ladder and work your way up, and then back down again.

You must have a MWR Fitness Specialist monitor you to complete the challenge.

Register at the Fleet Fitness office to lock in the day and time you want to complete this challenge.

For more information, call 241-4486 or email mwr_yokosuka_fitness@us.navy.mil

To register for Captain's Cup events, please email
mwr_yokosuka_adult_sports@us.navy.mil

Captain's Cup Soccer Registration

Registration • Now – March 7

Season • March 17 – May 9 • Berkey Field

Commands will compete against each other in 7v7 soccer in men's, women's and co-rec teams. Games will be played on Mondays and Wednesdays.

Captain's Cup Softball Registration for Men's, Women's & Co-Rec Teams.

Registration • Now – March 7

Season • March 17 – May 9 • Berkey Main Softball Field

Commands will compete against each other in 10v10 softball in men's, women's and co-rec teams. Games will be played on Mondays and Wednesdays.



Captain's Cup Flag Football Registration for Men's, Women's & Co-Rec Teams

Registration • Now – March 7

Season • March 17 – May 9 • Berkey Flag Football Field

Commands will compete against each other in 7v7 flag football in men's, women's and co-rec teams. Games will be played on Tuesdays and Thursdays.



Captain's Cup 4 Person Co-Rec Bowling League

Registration • Now – March 7

Season • March 17 – May 21 • Yokosuka Bowling Center

Commands will compete against each other in 4v4 bowling league. Games will be played on Wednesdays.



Captain's Cup 4-Person Golf Scramble

Registration • March 10 – April 24

Tournament • Friday, April 25 • Atsugi Golf Course

Commands will compete against each other in a 4-person golf scramble, with each team playing 1 round of 18 holes. Transportation will be provided for players who request it.

SUN

MON

TUES

WED

THU

FRI

SAT

MARCH EVENTS

						1 Miurakaigan Kawazu Cherry Blossom Festival 10 a.m. - 2 p.m.
2 Jigsaw Puzzle Challenge All Day	3 Space Movie Marathon All Day	4 Liberty Outreach 11 a.m. Dungeons & Dragons Night 6:45 - 9:45 p.m.	5 Glow in the Dark 8 Ball Tournament 5 p.m.	6 National Oreo Cookie Day Challenge All Day Bowling Night 4 - 6 p.m.	7 Foodie Friday National Flapjack Day 4:30 p.m.	8 Woodsball Paintball Noon • Ikego Paintball Field
9 Mt. Takao Fire Walking Festival 7 a.m. - 7 p.m.	10 National Mario Day All Day	11 Dungeons & Dragons Night 6:45 - 9:45 p.m.	12	13 Liberty Leisure Class: Basic Japanese Language 5 p.m.	14 National PI Day All Day	15 Local Restaurant Adventure Tendon 5 p.m.
16 NBA 2K25 PSS Tournament 5 p.m.	17 NCAA Men's Basketball Tournament Bracket March 17 - 20 All Day • Liberty Center	18 Flip Cup Tic Tac Toe Challenge 5 p.m. Dungeons & Dragons Night 6:45 - 9:45 p.m.	19 Liberty Barracks Bash Cheeseburger Night 4:30 p.m. UH 3333	20	21 801 Darts Tournament 5 p.m.	22 Anime Japan 2025 7 a.m. - 6 p.m.
23 Liberty Leisure Class Cherry Blossom Tree Art Painting All Day	24 March Birthday Celebration 4:30 p.m.	25 Dungeons & Dragons Night 6:45 - 9:45 p.m.	26 National Let's Laugh Day Comedy Movie Marathon All Day	27 Sankeien Yozakura (Night Cherry Blossom) Viewing Tour 5 p.m. - 9 p.m.	28 Down to Your Last Dollar Fish & Chips Night 4:30 p.m.	29 Yokohama River Cherry Blossom Day Viewing Tour 10 a.m. - 3 p.m.
30 Ueno Zoo & Cheery Blossom Viewing Tour 7:30 a.m. - 4:30 p.m.	31					

Liberty Card Benefits

Register for your Single Sailor membership card in the Liberty Center! Eligible patrons include single and unaccompanied servicemen and women on shore duty, deployed Sailors, and Sailors permanently assigned to bachelor quarters.

Please register for tournaments at the Liberty Center's main desk. Registration is open until the start of the event. For more information, please call 243-7346 or visit the MWR website at www.navymwryokosuka.com. **Events are subject to change without notice.**

Miurakaigan Kawazu Cherry Blossom Festival*

Saturday, March 1 • 10 a.m. - 2 p.m.

While most of Japan's cherry blossom (sakura) usually blooms from March to early April, Miura is home to a unique sakura called Kawazu sakura, which blooms about a month earlier, with a deeper rich pink color. So if you cannot wait for cherry blossom season, this tour is for you. We will head to Miura to check out their 1,000-plus Kawazu Sakura trees for fantastic scenery views. Have your camera ready. There will also be local food stands, so you can try delicious local cuisine as you walk around.

*Times/Dates may change due to blooming schedule

Sign up Deadline: Tuesday, February 25

\$4 / Blue Jacket, / \$5 E6 & up

Jigsaw Puzzle Challenge

Sunday, March 2 • All Day • Liberty Center

Think you're the fastest at putting a 200 plus piece puzzle together? Test out your speed in Liberty's Jigsaw Puzzle Race. Fastest time goes home with a prize! **Free**

Space Movie Marathon

Monday, March 3 • All Day • Liberty Center

Come explore the stars with Liberty's Space Movie Marathon! Watch your favorite space movies and enjoy some free popcorn and drinks. **Free**

Dungeons & Dragons Night

Tuesdays • 6:45 - 9:45 p.m. • Liberty Center

Stop by Liberty Center and meet other local Dungeons & Dragons players for adventures and fun! Explore fantastic worlds, clash with dark monsters, spin lore and commit heroic feats while playing the greatest RPG of all time! **Free**

Liberty Outreach: CFAY Galley

Tuesday, March 4 • 11 a.m. • CFAY Galley

The Liberty Center is serving up new information about our upcoming trips and events at the CFAY Galley. Be sure to take advantage of this opportunity while on your lunch break and see what cool trips you can utilize during your stay in Japan. **Free**

Glow in the Dark 8 Ball Tournament

Wednesday, March 5 • 5 P.M. • Liberty Center

Our popular Glow in the Dark pool event is back! 8-Ball is the name of the game. Sink the 8th ball in after beating out the rest of your opponents to secure your prize as well as bragging rights. **Free**

Bowling Night

Thursday, March 6 • 4 - 6 p.m. • Bowling Center

It's that time again...it's our monthly free bowling night with pizza and soft drinks! The van leaves from the loading dock behind the James D. Kelly Fleet Recreation Center at 3:45 p.m. sharp. Space is limited, pre-registration is requested. Remember, all Liberty events are alcohol free.

Note: We're not accepting any walk-in sign-ups at the Bowling Center. All participants need to sign-up at the Liberty Center no later than 3:40 p.m. **Free**

National Oreo Cookie Day Challenge

Thursday, March 6 • All Day • Liberty Center

How good are you with chopsticks? Liberty is trying a new Oreo Cookie challenge this year in honor of National Oreo Day! Take the Oreo Stack Challenge and Oreo Taste Testing Challenge. Stop by Liberty and join the fun for a chance to win cool prizes. **Free**

Foodie Friday: National Flapjack Day

Friday, March 7 • 4:30 PM • Liberty Center

It's time to eat! Whether you just want to chill and enjoy a movie, or play some games tonight, why not stop on by and enjoy our FREE dinner? While you're here be sure to ask one of our staff members what upcoming trips and events you can participate in. **Free**



Woodsball Paintball

Saturday, March 8 • Noon • Ikego Paintball Field

Join the Liberty team to blow off some steam and make new friends. We'll provide the transportation and paintball equipment for a fun filled day at the Ikego Paintball Paradise! The van leaves from the loading dock behind the James D. Kelly Fleet Recreation Center at 12:15 p.m. Space is limited, pre-registration is requested. **Free**



Mt. Takao Fire Walking Festival **Sunday, March 9 • 7 a.m. - 7 p.m. • Mt. Takao**

Join us for this annual ceremony at Mt. Takao Yakuoin Temple, that was founded in the middle of 8th century and is designated as important cultural asset. The principal image of it is Fudo Myo-O, the fire guardian god in Buddhism, and the ceremony is held to avoid fire disaster. The temple is also known as a legend of Tengu, a mythical mountain hermit who has a red face, long nose and feathers. We will take a cable car / chair lift up to the Mt. Takao for a hike to see the great temple's construction and panoramic view of the Kanto region. After our hike, we'll head over to the highlight of the day, the Hiwatari ceremony! The ceremony is based around a sacred fire that is brought from the temple with monks performing a short ritual before walking across the fire with bare feet! Feeling brave? You can try walking on the coals after Monks do! Trip includes guide, cable car, and transportation. Sign-up deadline is February 28. Blue Jacket only trip \$20

National Mario Day **Monday, March 10 • All Day • Liberty Center**

It's National Mario Day! Stop by the Liberty Center and celebrate with a trivia challenge, prizes and Mario and Luigi themed cupcakes while watching the Super Mario Bros. movie on our big screen. **Free**

Liberty Leisure Class: Basic Japanese Language **Thursday, March 13 • 5 p.m. • Liberty Center**

Come out and learn the basics of Japanese culture and language such as; hierarchy, greetings, pronunciation and useful phrases for daily use. Class is limited to 10 participants. Sign-up at the Liberty Center front counter. **Free**

National PI Day **Friday, March 14 • All Day • Liberty Center**

Stop by the Liberty Center and celebrate National PI Day with us! In celebration, we'll be serving up different kinds of circular pies for you to enjoy! While supplies last. **Free**

Local Restaurant Adventure: Tendon **Saturday, March 15 • 5 p.m. • Yokosuka**

Would you like to spend your time experiencing local foods and expanding your flavor horizons? The Liberty Center has you covered, as we hit up one of the udon restaurants nearby. Sign-up in advance to secure your spot in order to enjoy this delightful experience. **Free**

NBA 2K25: PS5 Tournament **Sunday, March 16 • 5 p.m. • Liberty Center**

Think you're the best NBA2K player around? Liberty is breaking out all our copies of NBA2K25 to find our Liberty Champion. So come show off your skill, beat the competition and take home the prize! **Free**



NCAA Men's Basketball Tournament Bracket **March 17 - 20 • All Day • Liberty Center**

Drop by the Liberty Center from March 17 to 20 and fill out our Men's Basketball Tournament Bracket with your predictions. We will track and play the games in the Center throughout the tournament. Check in often to see if your predictions dominate! The participant with the most accurate bracket gets to take home an amazing prize! The winner will be announced after the Finals. **Free**

Liberty Barracks Bash: Cheeseburger Night **Wednesday, March 19 • 4:30 p.m. • UH 3333**

Are you up for some great company, and feeling hungry? Liberty is coming to you! Come hang out with us at Bldg. 3333, 1st floor lounge and grab some free cheeseburgers! We will be playing music, Giant Jenga and giving away prizes. Join in on the fun and be sure to grab a flier of our upcoming trips and events. **Free**

801 Darts Tournament

Friday, March 21 • 5 p.m. • Liberty Center

All the numbers and colors on a dart board may be confusing for beginners but this is definitely a game worth learning. Whether you are a newbie or a self-proclaimed professional, it's time to see if you have the competitive spirit to beat the competition and bring home the prize! **Free**

Anime Japan 2025

Saturday, March 22 • 7 a.m. - 6 p.m. • Tokyo Big Site

Japan is known as the home of anime, so why not enjoy the world's biggest anime convention right in its homeland! The Otaku (anime nerd) world is a unique part of Japanese culture and you will be able to see many anime classics as well as get first glimpses of new anime arriving on the scene! Cosplayers will be out in full force, so bring your camera! Trip includes Liberty escort, transportation and Anime Japan admission. Sign-up deadline is March 13. Blue Jacket **\$34** / E6 & up **\$44**



Liberty Leisure Class: Cherry Blossom Tree Art Painting

Sunday, March 23 • All Day • Liberty Center

The cherry blossom season is just around the corner, and we're celebrating with a Cherry Blossom Painting class to teach you the techniques of painting these classic designs on canvas. **Free**

March Birthday Celebration

Monday, March 24 • 4:30 p.m. • Liberty Center

Liberty hosts a monthly birthday drawing, so enter this month if you're a March baby! Here at the Liberty Center, we are celebrating YOU! You may even walk away with a present. **Free**

National Let's Laugh Day: Comedy Movie Marathon

Wednesday, March 26 • All Day • Liberty Center

Stop by the Liberty Center for our comedy movie marathon and get your laugh on! We will be serving complimentary popcorn and beverages during the shows. **Free**

Sankeien Yozakura (Night Cherry Blossom) Viewing Tour

Thursday, March 27 • 5 - 9 p.m. • Yokohama

Cherry blossom night viewing (yozakura) is a popular pastime throughout Japan during cherry blossom season. Join us for this night excursion as we head to Yokohama to witness the breathtaking scenery of the majestic cherry blossoms; with the proper lighting, the blossoms sparkle and provide great photographs. Do not miss this opportunity! The trip includes transportation, a guide, and admission. Sign-up deadline is March 25. Blue Jacket **\$5** / E6 & up **\$11**

Down to Your Last \$: Fish & Chips Night

Friday, March 28 • 4:30 p.m. • Liberty Center

Are you starting to check your pants pockets for some spare bills so you can eat? We'll be serving up some great free food paired with incredible movies by request. Feel free to swing by with an empty stomach, and we'll be sure to fill it. While supplies last. **Free**

Kamiooka Riverside Sakura Day Viewing Tour

Saturday, March 29 • 10 a.m. - 3 p.m. • Yokohama

We're heading up the tracks to the Yokohama River on another seasonal cherry blossom tour. Tourists come to this area from all over the country to get photos of these majestic blossoms. Trip includes guide and transportation. Sign-up deadline is March 25. Blue Jacket **\$5** / E6 & up **\$7**

Ueno Zoo and Sakura Viewing Tour

Sunday, March 30 • 7:30 a.m. - 4:30 PM • Tokyo

Ueno Zoo is Japan's first zoological garden. Its most popular residents are giant panda bears, which first moved here in 1972 to normalize relations between Japan and China. Now, it's home to over 3,000 animals from 400 different species and provides visitors with an opportunity to learn about a variety of animals. After enjoying the zoo, we will take you to Ueno Park, a popular spot for sakura viewing. Enjoy the extraordinary beauty of 800 Somei-yoshino cherry trees in full bloom. Trip includes a Liberty guide, zoo admission and transportation. Sign-up Deadline: Tuesday, March 25. **\$15** / Blue Jacket, **\$20** / E6 & up



Child Development Centers

The Yokosuka and Ikego Child Development Centers offer child care and developmental activities for children from six weeks to pre-kindergarten.



School Age Care (SAC)

School Age Care (SAC) programs are for children in kindergarten through 12 years old. We work with dynamic organizations such as the Boys & Girls Clubs of America and 4-H to offer the best programming. Our programs provide educational and recreational activities that focus on building self-esteem, developing appropriate relationships, facilitating academic success, and making healthy choices.

Types of Care Provided

- Before School Care
- After School Care
- Holiday / Summer Camps
- Hourly Care

To join the waitlist or view current care options, please log into www.militarychildcare.com or scan the QR code.



Child & Youth Education Services (CYES)

Child & Youth Education Services (CYES) is the education services arm of CYP. The Child & Youth Education Services Officer provides support to all military connected families in transition with their K-12 education, public, private, parochial, DoDEA, and home school. The SLO helps students and families connect to their command, school, community, and future.

Email the SLO at SLOYokosuka@us.navy.mil or scan the QR code.



Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC)

Child & Youth Behavioral Military Family Life Counseling (CYB-MFLC) Programs support and augment Child & Youth Programs and DoDEA schools. Counselors provide non-medical support to eligible faculty, staff, parents and children. They may observe, participate and engage in activities with children and youth; coaching, guidance and support to staff and parents, and model behavior management techniques and more! Contact the SLO for more information about the CYB-MFLC Program.





Become a Family Child Care (FCC) Provider

Family Child Care (FCC) providers assist parents by providing child care services supporting operational readiness, mission accomplishment and retention.

Independent Work Environment

- You work for yourself, in your own home.

Benefits

- Toy & equipment lending library.
- Low cost liability insurance.
- On-site assistance and advice.
- Free monthly training, promotion, ads, and referrals.
- Direct subsidy program.

Basic Qualifications

- At least 18 years of age.
- Responsible, emotionally stable, and capable of exercising good judgment in caring for children.
- Have a high school diploma, GED, or higher level degree.
- Speak, read, and write English fluently to communicate with parents.

Types of Family Child Care Homes

- Multi-age homes
- Infant / Pre-Toddler Homes
- Before & After School Homes
- Extended Hours Homes
- Special Needs Homes

Take the Next Step

Complete an interest form at: <https://test.public.militarychildcare.csd.disa.mil/mcc-central/mcchome/work-with-military-children>

Email us at MWR_Yokosuka_FCC@us.navy.mil or scan the QR code on the right to reach us for more information.



Family Child Care (FCC) Information for Parents

Family Child Care (FCC) offers quality care in a loving, learning home environment for children ages six weeks to twelve years. All homes are certified by DoD.

FCC providers are encouraged to obtain accreditation by the National Association for Family Child Care (NAFCC). As an additional quality assurance measure, FCC providers receive a minimum of one unannounced monitoring visit each month to assess providers' relationships with children and families, appropriateness of the learning environment, planned activities, safety and health of the home, and other items. The goal of these visits is to provide programmatic support and ensure adherence to Navy standards and policies.

Parent Fees

All FCC subsidized rates must be verified during initial registration using Total Family Income (TFI), and updated annually. TFI will be verified by documentation to include spouse's most recent LES(s), W-2 forms, or detailed pay information. Students are required to provide proof of full-time school enrollment.

- Eligible patrons include: Active Service Members / DoD Civilians.
- Parent fee is assessed through established income categories.
- Multi-child discount will be applied to additional child enrolled.
- Hourly fees will be discussed with your FCC provider.

Contact us for more information about Family Child Care (FCC) at:

Green St. SAC Bldg. H12
CFA Yokosuka
DSN: 241-2978

CML: 046-896-2978
Cell: 070-1201-7944

E-mail: MWR_Yokosuka_FCC@us.navy.mil





Do you need childcare for your appointment?

Spaces are available at all CDC, FCC & SAC programs after school only or on no-school days.

Steps to register for Hourly Care:

1. Complete a Navy CYP Registration packet:
MWR_Yokosuka_CYPadmin@us.navy.mil
2. Email or drop-off forms at any CDC (243-3219, 243-3033, or 246-8060) or CYP Admin Office (243-4079).
3. An orientation is required before drop off.
Registration link for finding hourly care availability is <https://myffr.navyaims.com/yokosukacyp.html>
4. Login information to sign-up for hourly care will be given once orientation is completed.

For more information, please call 243-4079 or Email: MWR_Yokosuka_FCC@us.navy.mil or MWR_Yokosuka_CYPadmin@us.navy.mil



Free childcare is provided by CYP from 30 minutes before classes begin to 30 minutes after classes end.

Steps to register for AOB Child Care:

1. Contact CDC, SAC, or FCC for availability and for registration information.
2. To process registration for school age children, they must be enrolled in DoDEA Elementary School. SAC programs offer care before & after school during the school year.
3. SAC programs provide full day care for children during the Summer, Spring, and Winter school breaks.

If you have any questions you can reach out to CYP admin at mwr_yokosuka_cyp_AOB@us.navy.mil or call (DSN) 243-4079 or (Cell) 046-816-4079. Contact the FCC Director at mwr_yokosuka_FCC@us.navy.mil or call (DSN) 241-2978 (C) 046-896-2948.

Welcome New Families!
CYP AOB Child Care



Family Care Plan Campaign

The Child Development Centers, Child Development Homes, and the School Age Centers will be reaching out to military families to ensure the Family Care Plans are completed. Child & Youth Programs will work with families and their command to ensure all active duty single and dual military families with dependents enrolled in CDC or SAC programs have the correct paperwork completed and turned in for this requirement.

What is the Family Care Plan?

Family Care Plans are mission planning tools to establish and document written plans to care for minor children while the sailor is absent (DoD Instruction 1342.19).

Who does it affect?

The Family Care Plan (FCP) is required for all single and dual active duty military sailors with children enrolled in CDC or SAC programs.

When does the FCP need to be completed?

Single and dual sailors with dependents enrolled in CDC or SAC programs are asked to complete the FCP as soon as possible. New enrollments have up to 60 days from the original start date to provide FCP.

Why is it important?

To be mission ready and best prepared to take care of your child in case of an emergency.

What can you do?

Contact CYP as soon as possible to verify your FCP status.

For more information, scan the QR code on the right.





Child & Youth School Age Care Programs

SPRING CAMP

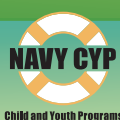


March 31 - April 4 • 6 a.m. - 6 p.m.

• Ikego • Green Street & Third Avenue SACs

Register online at <https://militarychildcare.com>

For more information call Ikego SAC at 246-8301, Yokosuka Third Avenue SAC at 243-3439 or Green Street SAC at 241-4100



SAC Registration



Military care.com



Yokosuka & Ikego Libraries

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MARCH

2	3	4	5	6	7	8
	Full STEAM Ahead 10 a.m Ikego Nikko Heights Community Room		Full STEAM Ahead 10 a.m Yokosuka Library		Baby & Toddler Story Time 10 a.m Yokosuka Library	
9	10	11	12	13	14	15
	Full STEAM Ahead 10 a.m Lego Mania 3 - 4 p.m. Ikego Nikko Heights Community Room	Lego Mania 3 - 4 p.m. Yokosuka Library	Full STEAM Ahead 10 a.m Yokosuka Library		Baby & Toddler Story Time 10 a.m Yokosuka Library	
16	17	18	19	20	21	22
	Full STEAM Ahead 10 a.m Ikego Nikko Heights Community Room		Full STEAM Ahead 10 a.m Yokosuka Library		Baby & Toddler Story Time 10 a.m Yokosuka Library	
23	24	25	26	27	28	29
	Full STEAM Ahead 10 a.m Ikego Nikko Heights Community Room		Full STEAM Ahead 10 a.m Yokosuka Library			
30	31					

Japan Trivia

Contest





For more information, please visit
www.navy.mwr.yokosuka.com

Mon, Wed, Fri & Sat • 10 a.m. - 6 p.m.
Tues & Thurs • 10 a.m. - 6:30 p.m.
Sunday & Federal Holidays • Closed
046-816-5574 • DSN: 243-5574



Wood Hobby Shop

Basic Box Making

Saturday, March 1 • 1 - 4 p.m.

You will receive hands-on instruction for making small boxes using box joint construction. This type of joint has many applications where strength is needed. Take home a sample of your class work to use as a guide when in your own shop. These make wonderful gifts and are a great way to further your wood working skills.

\$15 / person

DIY Scrap Wood Cutting Board

Saturday, March 15 • 1 - 4 p.m.

This scrap wood cutting board is a great project made from a wide variety of different types of wood, and it doesn't take a lot of time to make. The key elements to this project are using a good waterproof kitchen friendly glue, and adding in a few bold and colorful woods like purple heart (purple) and paddock (red) to really make the boards pop with color.

\$15 / person



Auto Skills Center

Automatic Transmission Fluid and Power Steering Fluid

Saturday, March 8 • 1 - 4 p.m.

This class will cover how to check and change your car's automatic transmission fluid and power steering fluid.

\$15 / person

Coolant / Antifreeze and Windshield Fluid

Saturday, March 22 • 1 - 4 p.m.

This 3-hour course will cover how to check your radiator/coolant, and find out the location of the overflow/coolant reservoir and how to check the level in it. We will also cover how to refill and use the windshield wiper fluid, which is very important at this time of year.

\$15 / person



myFFR



Visit the web



ROBOTICS for KIDS

Robotics for kids is an interactive and fun learning class for kids 6-12yrs of age to learn the essentials of engineering and technology. It allows kids to explore their inner “**build-it-yourself**” ability that is suitable for this day and age.

Open registration begins 5 days before the 1st of the month. Each month is first come first serve. You may register in person, over the phone, or online through [myffr](#) website.

All sessions are 4 classes; \$95 monthly flat fee, materials included.



myFFR



Visit the web

SKI & SNOWBOARDING ADVENTURES



One Day

Oze Iwakura

Saturday, March 1
3:30 a.m. - 9 p.m. • All ages
\$70 for transportation
Blue Jacket Price: \$55
*¥7500 for lift ticket

Hakuba Goryu

Saturday, March 8
2:30 a.m. - 10 p.m. • All ages
\$75 for transportation
Blue Jacket Price: \$55
*¥7000 for lift ticket

Hakuba Tsugaike

Saturday, March 22
2:30 a.m. - 10 p.m. • All ages
\$75 for transportation
Blue Jacket Price: \$55
*¥7500 for lift ticket

All tours are subject to change.

Okutadami

Saturday, March 29
2:30 a.m. - 10 p.m. • All ages
\$75 for transportation
Blue Jacket Price: \$55
*¥4500 for lift ticket

Overnight

Two - Day Hakuba Happone

Saturday & Sunday, March 15 & 16
2:30 a.m. - 10 p.m. • All ages
\$235 / adult (13 & up) • \$205 / child (12 & under)
(Price includes transportation, hotel, dinner & breakfast.
Price does not include lift tickets)

All trips must be signed up for in person at ORC.

Transportation and lift ticket costs are per person.

*Lift tickets are an additional cost not included in the price of the trip and is paid at the ski resort.

Adventure Trips

OUTDOOR RECREATION CENTER YOKOSUKA

Want to explore Japan but not sure how to get there? We offer trips from seeing sunsets at beaches, mountain biking, deep sea fishing, kayaking, Mt. Fuji hikes & climbs, surfing, skiing and more! Seeking adventure but are missing key components like a bike or skis? Then visit us at MWR Yokosuka Outdoor Recreation Center. The Outdoor Recreation Center offers rental gear for a variety of outdoor activities: hiking, city & full-suspension mountain bikes, camping, skiing / snowboarding, grills, tables and pig roasters.

Beginner Hike at Darumayama

Saturday, March 1 • 5 a.m. - 4 p.m.

\$60 / person (minimum age: 7 years old)

\$50 / Bluejacket

Snowshoeing at Kita-Yatsugatake

Saturday, March 8 • 4 a.m. - 8 p.m.

\$120 / person (minimum age: 13 years old)

Beginner Hike at Iwatoyama

Saturday, March 15 • 11 a.m. - 8 p.m.

\$60 / person (minimum age: 7 years old)

Beginner Hike at Yaguradake

Saturday, March 22 • 6 a.m. - 5 p.m.

\$50 / person (minimum age: 10 years old)

\$40 / Bluejacket

Intermediate Hike at Futagoyama

Saturday, March 29 • 9 a.m. - 3 p.m.

\$50 / person (minimum age: 10 years old)

\$40 / Bluejacket

Fishing at Maruya Ocean Fishery Pond in Numazu

Sunday, March 30 • 4 a.m. - 5:30 p.m.

\$180 / person (minimum age: 6 years old)



Scan here to register at myFFR



TICKETS & TRAVEL

Nagoya Castle

March

Register Now!

Saturday - Sunday, March 1 - 2*

Shirakawago & Takayama Winter Overnight

Sunday, March 2

Kairakuen Plum Garden & Ushiku Buddha

Saturday, March 8

Shin-Yokohama Ramen Museum & Ice Skating

Sunday, March 9

Mt. Takao Fire Walking Ceremony
New Sanno Brunch & Museum of Nature
and Science

Saturday, March 15*

Nagoya Fertility Festival (18+)

Sunday, March 16

Snow Monkey Park & Matsumoto Castle

Saturday, March 22

Yunessun Hot Spa

Sunday, March 23

Mother Farm & Tokyo Bay Ferry
Kisoji Old Post Town Sightseeing w/ Soba Making

Saturday, March 29

Matsumoto Castle & Zenkoji Temple

Sunday, March 30

Mt. Minobu Cherry Blossom & Strawberry Picking

April

Registration begins on Saturday, March 1

Friday, April 4

Night Cherry Blossom Noh at Yasukuni Shrine

Saturday, April 5

Odawara Castle & Hakone Sightseeing
Tokyo Cherry Blossom Viewing

Sunday, April 6

Japanese Boat Cruise w/ Cherry Blossom Viewing
Saitama Lake Town Outlet Shopping

Saturday - Sunday, April 12 - 13*

Nagoya Overnight w/ Ise Grand Shrine

Saturday, April 12

Fuji Safari Park

Sunday, April 13

New Sanno Brunch & Tokyo Tower

Friday, April 18

Yunessun Hot Spa

Saturday, April 19

Chichibu Flower Carpet & Steam Locomotive Ride
Narita Taiko Drum Festival

Sunday, April 20

Ashikaga Flower Park & Strawberry Picking
Chichibu Flower Carpet & Steam Locomotive Ride

Saturday, April 26

Grand Sumo Jungyo at Yokohama Arena
Mt. Fuji Sightseeing & Sake Brewery Tasting

Sunday, April 27

Ashikaga Flower Park & Strawberry Picking
Fuji-Q Highland Amusement Park

All tours are subject to change.

***Must sign up in person at Tickets & Travel**

Hakone Highlights



Saturday
April 5

This tour begins at Odawara Castle, which was originally built in 1414. The castle provides an excellent view of the city and surrounding area from its tower. After spending time at the castle, we'll take a short cable car ride to Owakudani, home to the famous black shelled eggs that have been cooked in a natural hot spring! A pirate ship ride awaits you for the next part of our trip as we sail along Lake Ashi. The final stop of our tour will be at Hakone Shrine, which is believed to bring good luck by offering protection from evil. At the shrine, you can also view the world famous red torii gate located close to the Lake Ashi shore.

Odawara Castle



Register at myFFR

ATHLETICS

Adult Sports Office	241-2955
Monday - Friday	8 a.m. - 5 p.m.
Aquatics Office	243-5620
Athletics Facilities	241-2945
Deployed Forces Support	243-7284
Monday - Friday	8 a.m. - 5 p.m.
Fitness	241-4486
Monday - Friday	8 a.m. - 5 p.m.
Fleet Gym	243-5304
Basketball Court	24/7
Fleet Gym Cardio Room	24/7
5F Exercise Machines	24/7
Fleet Gym, Gear Issue, 4F Weight Room	
Monday - Sunday	24/7
Holidays	24/7
Green Beach Pool*	243-6410
Ikego Pool*	246-7988
Liberty Center	243-7346
Monday - Thursday	10 a.m. - 10 p.m.
Friday - Sunday	10 a.m. - 11 p.m.
Purdy Fitness Center	241-2949
Monday - Friday	5:30 a.m. - 9 p.m.
Saturday - Sunday	8 a.m. - 4 p.m.
Holidays	Closed
Purdy Fitness Center	241-2949
Reception Counter	
Monday - Friday	8 a.m. - 6 p.m.
Saturday - Sunday	Closed
Holidays	Closed
Sanban Tower Family Fitness Room	
Monday - Friday	24/7
Holidays	24/7
Purdy Fitness Center Pool	243-5620
Monday - Friday	6 a.m. - 7 p.m.
Saturday	8 a.m. - 3:45 p.m.
Sundays & Holidays	Closed

DINING OPERATIONS

Bowling Center & Midway Grill	243-4200
& Gaming Room	
Monday	Closed
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday*	10 a.m. - 11 p.m.
Saturday*	9 a.m. - 11 p.m.
Sunday	9 a.m. - 9 p.m.
Holidays	9 a.m. - 9 p.m.
* Open until midnight when carrier group is in port	
Club Alliance	243-3000/5951
Anchor Lounge Karaoke	
Sunday - Tuesday	Closed
Wednesday - Saturday	5 p.m. - 11 p.m.
Alliance Delivery Orders	243-5985/241-3786
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Bayou Burger	243-5985/241-3786
Sunday - Thursday	11 a.m. - 4 p.m.
Friday & Saturday	11 a.m. - Midnight
Italian Gardens	241-3786
Lunch	
Monday - Friday	11 a.m. - 2 p.m.
Saturday, & Sunday	Closed
Holidays	Closed
Dinner	
Daily	5 - 9 p.m.
Holidays	5 - 9 p.m.
Sharky's Roadhouse Lounge	
Sunday - Thursday	Closed
Friday & Saturday	Temporarily Closed
Sharky's Killer Wings	
Sunday - Thursday	4 - 11 p.m.
Friday & Saturday	5 p.m. - Midnight
Holidays	11 a.m. - 11 p.m.
Food Court	243-3245
Better Burger	
Daily	6 a.m. - 9 p.m.
Bombers	
Daily	10 a.m. - 9 p.m.
Uptown Pizza	
Daily	10 a.m. - 9 p.m.

CPO Club	243-5506
Hours of operation are subject to change	
Dining Room (All Hands)	
Saturday Brunch	9 a.m. - 2 p.m.
Sunday	9 a.m. - 2 p.m.
Holidays	Closed
Lunch Buffet	
Monday - Friday	11 a.m. - 2 p.m.
Dinner	
Monday - Friday	4 - 8 p.m.
Cove Bar	
Sunday	4 - 10 p.m.
Holidays	Closed
Monday - Thursday	11 a.m. - 11 p.m.
Friday	11 a.m. - Midnight
Saturday	4 p.m. - Midnight
Cruise Inn	
Monday - Friday	6 a.m. - 2 p.m.
Saturday, Sunday & Holidays	Closed
Gaming Room	
Tuesday - Thursday	10 a.m. - 10 p.m.
Friday & Saturday	10 a.m. - 11 p.m.
Sunday	10 a.m. - 9 p.m.
Monday & Holidays	Closed
Club Takemiya Dining	246-8077
Monday - Friday	11 a.m. - 9 p.m.
Saturday Breakfast	9 - 11 a.m.
Saturday	11 a.m. - 9 p.m.
Sunday Brunch	9 a.m. - 2 p.m.
Sunday Closed	2 - 4 p.m.
Sunday Reopen	4 - 9 p.m.
Club Takemiya Lounge	
Monday & Tuesday	Closed
Wednesday - Thursday	3 - 9 p.m.
Friday & Saturday	4 - Midnight
Sunday	3 - 9 p.m.
Holidays	Open

Gaming Room	
Sunday	11 a.m. - 9 p.m.
Friday & Saturday	11 a.m. - Midnight
Holidays	11 a.m. - 9 p.m.
Officers' Club Office	243-5030/5002
Officers' Club Cash Cage	243-5624
Officers' Club Chopsticks	243-5624
Monday - Friday	6 a.m. - 6 p.m.
Weekends & Holidays	Closed
Kosano Dining Room	
Sunday	9 a.m. - 2 p.m.
Monday - Friday	11 a.m. - 8 p.m.
Tuesday	11 - 2 p.m. & 5 - 8 p.m.
Saturday	4 - 8 p.m.
Holidays	Closed
Kurofune Lounge	
Sunday	2 - 8 p.m.
Monday - Thursday	4 - 11 p.m.
Friday - Saturday	4 p.m. - midnight
Holidays	Closed
Gaming Room	
Monday - Thursday	9 a.m. - 11 p.m.
Friday & Saturday	9 a.m. - Midnight
Sunday	9 a.m. - 8 p.m.
Holidays	Closed
Starbucks	046-820-2791
Monday - Sunday	7 a.m. - 8 p.m.
Chili's Grill & Bar	241-3865
Daily	11 a.m. - 9 p.m.
Chili's Take-Out	241-3842
Seaside Slots & Gaming Room	
Daily	11 a.m. - 7 p.m.
Holidays	11 a.m. - 7 p.m.

CHILD & YOUTH PROGRAM

CYP Admin Office	243-4079
Monday - Friday	7:30 a.m. - 4:30 p.m.
Family Child Care	070-1201-7944
24/7	or 241-2978
Ikego CDC	246-8060
Monday - Friday	6 a.m. - 6 p.m.
Ikego SAC	246-8301
Monday - Friday	6 a.m. - 6 p.m.

Ikego Teen Center	070-1201-7973
Monday - Saturday	Hours vary by age group
School Liaison Officer	243-5542
Monday - Friday	7 a.m. - 4 p.m.
Duncan Street CDC	243-3219
Monday - Friday	6 a.m. - 6 p.m.
Gridley Lane CDC	243-3033
Monday - Friday	6 a.m. - 6 p.m.
Green Street SAC	241-4100
Monday - Friday	6 a.m. - 6 p.m.
Third Avenue SAC	243-3439
Monday - Friday	6 a.m. - 6 p.m.
Yokosuka Teen Center	241-2098
Monday - Saturday	Hours vary by age group
Yokosuka Sports Office	241-2952
Monday - Friday	10 a.m. - 5:30 p.m.
*All Child & Youth Programs are closed on Holidays	

COMMUNITY RECREATION

Auto Skills Center	243-5456
Monday, Thurs & Fri	11 a.m. - 7 p.m.
Tuesday & Wednesday	Closed
Saturday & Sunday	9 a.m. - 5 p.m.
Benny Decker Theater	243-6703
Monday	6 p.m.
Tuesday	6 p.m.
	\$1 Movie Night
Wednesday & Thursday	Closed
Friday Movies	5:30 & 8:30 p.m.
Saturday Movies	1, 5:30 & 8:30 p.m.
Sunday Movies	Noon, 3 p.m.
Community Center	241-4111
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Community Rec Office	243-1215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Entertainment Office	243-5215
Monday - Friday	7:30 a.m. - 4:30 p.m.
Fleet Theater*	
Friday - Sunday Movies	6 & 9 p.m.
*Closed when USS Ronald Regan is not in port	
Green Bay Marina	243-4155
Thursday - Monday	9 a.m. - 6 p.m.
Tuesday - Wednesday	Closed
Ikego MWR Office	246-8071
Monday - Friday	10 a.m. - 6 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Library	243-5574
Monday - Wednesday	10 a.m. - 6 p.m.
Thursday	10 a.m. - 6:30 p.m.
Friday - Saturday	10 a.m. - 6 p.m.
Sunday & Holiday	Closed
Outdoor Rec Center (ORC)	243-5732
Outdoor Gear Equipment Rental Center	
Thursday - Tuesday	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Special Events Office	241-5060
Monday - Friday	8 a.m. - 5 p.m.
T-Shirt/ Plaque Shop	243-9064
Monday - Friday	9 a.m. - 5 p.m.
Saturday & Sunday	Closed
Holidays	Closed
Tickets & Travel	241-5056
Mon, Tue, Thur, Fri, Sat	10 a.m. - 6 p.m.
Holidays	10 a.m. - 2 p.m.
Wednesday & Sunday	Closed
West Valley Campground (ORC)	243-5732
Thursday - Tuesday	10 a.m. - 6 p.m.
Wood Hobby Shop	241-3692
Monday, Thurs & Fri	11 - 7 p.m.
Saturday & Sunday	9 a.m. - 5 p.m.
Tuesday & Wednesday	Closed
Holidays	Closed

TO CALL USING OFF BASE/CELL PHONE:

Yokosuka	243 = 046-816-XXXX
	241 = 046-896-XXXX
Ikego	246 = 046-806-XXXX