







Are you ready for the ultimate test of strength? Join us as the strongest athletes from Japan and the USA go head-to-head in an electrifying iron clash showdown!

## **INDIVIDUAL & TEAM COMPETITIONS**

Compete in your weight class to claim the title of strongest in Yokosuka! Team Event: The top 10 athletes from each country will combine their total lifts to see which nation reigns supreme.

## **INCREDIBLE FEATS OF STRENGTH**

Witness jaw-dropping lifts and unparalleled determination. Whether you're a seasoned powerlifter, or just starting, this competition is for you. Compete as an individual or represent your country as part of the team.

## **REGISTER NOW • \$15 / PERSON**

Don't miss your chance to be part of this legendary event. For more information or to register, visit us on the 3rd floor at the Fleet Recreation Center Office or contact us at DSN: 241-2953 Mobile 046-896-2953, email: mwr yokosuka fitness@us.navy.mil.



Visit us on the web.